

How the Spanish flu compares to covid-19

I am studying in the year 2040 covid-19 is just only in history textbooks. I am a journalist/medical specialist studying how to handle pandemics. I will be going back in time to live in the present of the middle of the 1918 Spanish flu pandemic and the 2020 covid-19 pandemic. I will be comparing the two side by side to make sure I find all good and bad precautions taken. We will start with the basic the Spanish flu and covid-19 we very much alike, the both we spread through droplets in the air from coughing and sneezing both affecting the lunges and respiratory track. This makes them two great examples to compare with each other. Although the point in time which I am studying the covid-19 it has about 1/30th the amount of death as the Spanish flu (30 million deaths), so many people in this time do not take it as severely as they should. The first thing I concluded in my study was the good tactics in both taken to keep the people safe. The first part I took away is that in both pandemics the people in charge realized that is spread when people where in close contact so the shutdown public spaces this helped save people. In 2020 many people protested the shutdowns of public space because they believed covid-19 was not bad at all. Next is in both time frame people wore masks to stops the spread. People who came in Contact quarantined because they could have it. I myself as I was studying in 2020 experience coming in contact and having to quarantine and I could have spread it but as the time came closer to being done my will of being able to go do research increased and my will to stay locked up changed my opinion and made me think there has to be a way in the future to do something similar but different for mental health. Final the media needs to be 100% honest unlike the Spanish flu who downplayed it.

Next I will be going over the tactics that were wrong in the time frames and will be changed in the future. In 2020 the difference of states being open or closed needs to change all should do the same, so everyone everywhere is safe. Second the pandemic need to be taken seriously at the very beginning unlike the 1918 flu that wasn't taken serious tell the second wave. In 2020 I noticed that during a time that should have boughten the people closer but yet social distanced it really torn a seem down the middle of the county between the two political parties. I was able to interview a teenager named Reid Lawrence to get his thoughts of the 2020 pandemic. First, he made it was clear that covid-19 itself wasn't bad to his generation it was the mental health that got to his age group. He said we were a generation so interconnected and social in big groups went from seeing each other every day to only contact virtually. He also mentioned how school created stress many different ways. Some kids went to school to see

friends and now can't, also kids had to make a quick change on how the whole school was brought to them through online. This he said brought had the most effect on his mental health feeling lost with no structure that he was used to. To conclude my research, I have found that every pandemic is different because different ages could be affected, or modern medicine could cause less deaths. But I can strongly say that to keep the people safe the main things to do is. First social distance keep space like 2020 saw, next to close highly used public spaces or indoors where people can conjugate, also mask are recommended if it is another respiratory illness. Finally getting the whole population to work committee and follow through with these things is key but extremely difficult. I found that these are the broad ideas to keep people safe during pandemics.