



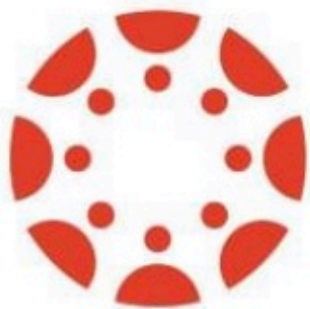
University of Wisconsin-Eau Claire



Apr 1 · 🌐

Blugolds, to ensure that you are prepared to finish the semester online starting next Monday, please take part in the ungraded educational activities posted in Canvas starting tomorrow, April 2. Please participate in these before the end of the week.

[#uwec](#)



canvas



5 Comments 21 Shares





University of Wisconsin-Eau Claire

Apr 1 · 🌐

Blugold alum, Sara Lassila, earned her bachelor's degree from UW-Eau Claire in 2005. Fast forward to today and you can catch Sara leading a team at [Mayo Clinic](#) that is developing a test that can detect SARS-CoV-2, the virus that causes COVID-19. [#uwec](#)



UWEC.EDU

Blugold leads Mayo Clinic research team developing COVID-19 tests

👍❤️ 269

1 Comment 16 Shares





University of Wisconsin-Eau Claire



Apr 2 · 🌐

It feels good to do good, right Blugolds?
Remember to do good for others and for yourself during this tricky time. Whether you buy a few groceries for your neighbor or treat a friend to a phone call, kindness counts now more than ever

💙💛 #uwec

Do good for others:



Be responsible and respectful by keeping 6ft. of distance from others.



Offer to help neighbors who can't get groceries.

Do good for yourself:



Be sure to frequently wash your hands.



Try to continue your normal routine.



University of Wisconsin-Eau Claire

Apr 2 · 🌐



Blugolds keep proving to be bright lights in this unprecedented time! Check out how Blugold alum, Brian Schwartz, passed on his personal protective equipment to a doctor in need. [#uwec](#)



POSTBULLETIN.COM

Not-so-routine traffic stop: Minnesota state trooper gifts doctor with masks

👍 107

5 Shares  ▼



University of Wisconsin-Eau Claire



Apr 3 · 🌐

Blugolds, Chancellor Jim has an update and a special message for you as you prepare to begin online courses next Monday. [#uwec](#)



2 Comments 8 Shares 5.9K Views





University of Wisconsin-Eau Claire



Apr 3 · 🌐

Here's a helpful guide to voting safely in Eau Claire on Tuesday, April 7. [#StoptheSpreadEC](#) [#UWEC](#)



Eau Claire City-County Health Department

Apr 3 · 🌐

Your guide to voting safely in Eau Claire County on April 7, 2020. The process for voting will be similar across the county. With theses... See More



9K Views



21

4 Shares





University of Wisconsin-Eau Claire



Apr 3 · 🌐

Here's a helpful guide to voting safely in Eau Claire on Tuesday, April 7. [#StoptheSpreadEC](#) [#UWEC](#)



Eau Claire City-County Health Department

Apr 3 · 🌐

Your guide to voting safely in Eau Claire County on April 7, 2020. The process for voting will be similar across the county. With these steps in place, you can still vote safely in person.

[#StopTheSpreadEC](#) Video produced in partnership with UWEC, City of Altoona, City of Eau Claire, and Eau Claire County.



9K Views



University of Wisconsin-Eau Claire



Apr 4 · 🌐

Need a quick moment of relaxation? Check out this video featuring some of our favorite [#mostbeautifulcampus](#) locations. It's sure to leave you feeling just a little happier. [#uwec](#)



169

2 Comments 31 Shares 4.3K Views





University of Wisconsin-Eau Claire



Apr 5 · 🌐

Gear up for online classes with these tips from the [#uwec](#) Student Wellness Committee.



UW-Eau Claire Recreation



Apr 5 · 🌐

Happy Sunday Blugolds! Who's ready for online classes to start this week? 🙋 Here are some awesome tips on how to be successful while working from home! Comment below something that you are planning on doing in order to stay on top of your work! ⬇️

Being Successful in Online Classes

- Stay organized & have a study space
- Maintain a regular schedule
- Hold yourself accountable
- Connect with resources

awesome tips on how to be successful while working from home! Comment below something that you are planning on doing in order to stay on top of your work! ↓

Being Successful in Online Classes

- Stay organized & have a study space
- Maintain a regular schedule
- Hold yourself accountable
- Connect with resources
- Actively participate
- Eliminate distractions

Brought to you by the Student Wellness Committee



University of Wisconsin-Eau Claire



Apr 6 · 🌐

Today is your first day of online classes, Blugolds! Stay strong and keep working through this. We're here for all of you! [#uwec](#) [#momentummonday](#)



The most difficult thing is the decision to act, the rest is merely tenacity.

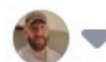
– AMELIA EARHART

[#momentummonday](#) | [#uwec](#)



43

1 Comment 4 Shares





UW-Eau Claire Recreation



Apr 6 · 🌐

Welcome back Blugolds, online classes begin today! Help us kick off the week STRONG with one of your favorite motivational messages. Comment below with your favorite motivational quote! [#MeaningfulMonday](#)

MEANINGFUL MONDAY

Strive for
progress not
perfection

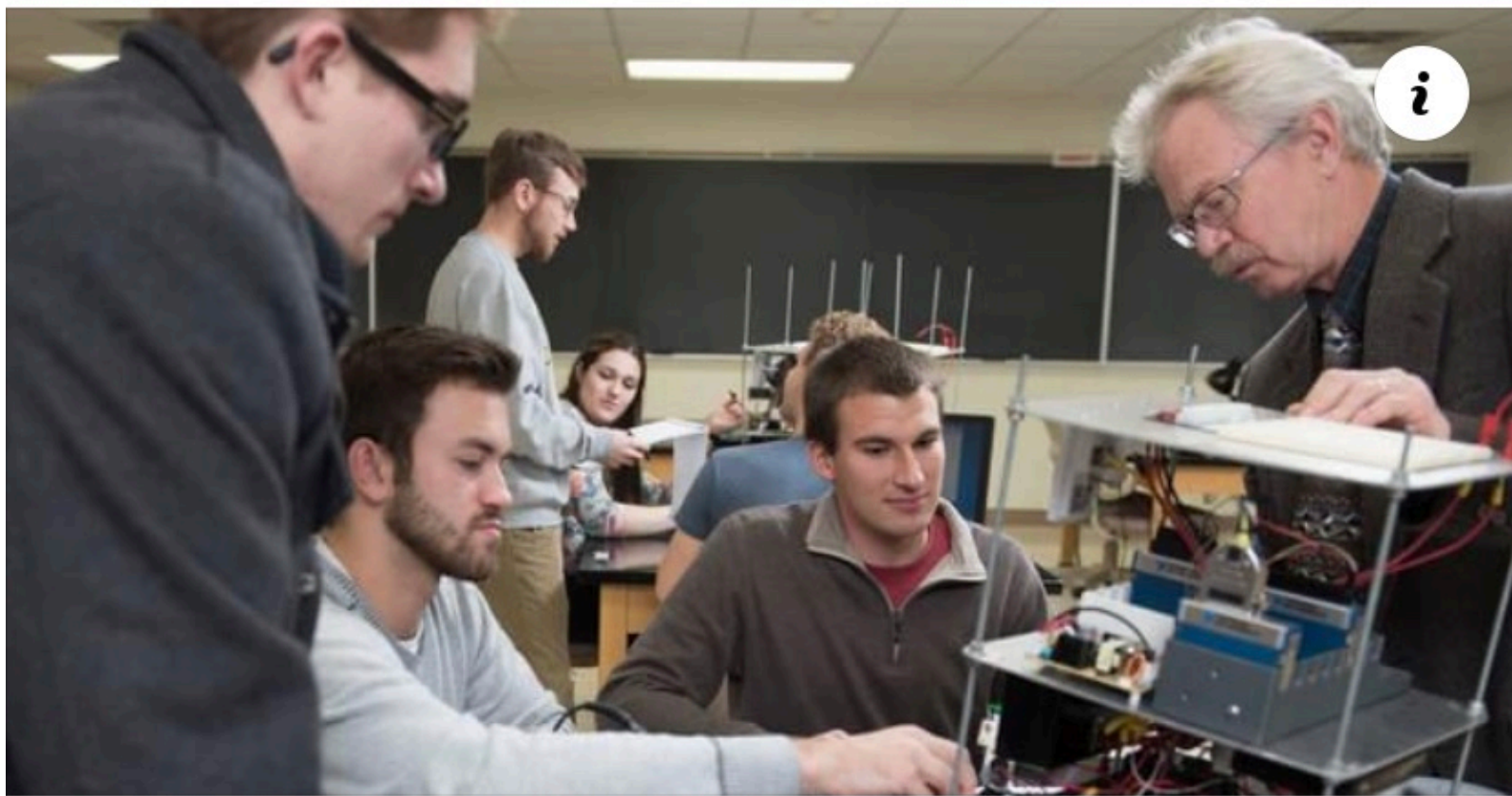


University of Wisconsin-Eau Claire

Apr 6 · 🌐



At first, the idea of switching to online classes made some faculty members nervous. However, after putting forth some positive thinking and creativity, professors at [#uwec](#) are starting to find the experiencing exciting and engaging.



UWEC.EDU

Physics, astronomy faculty are ready for classes to resume online



35

3 Comments 1 Share





University of Wisconsin-Eau Claire



Apr 7 · 🌐

Check out this video that [UW-Eau Claire Blugold Volleyball](#) put together to give a shout out to [#uwec](#) faculty and staff that are working hard to make online learning the best it can be!



UW-Eau Claire Blugold Volleyball



Apr 6 · 🌐

Happy "first day of (online) class" from Blugold Volleyball! We just want to give a special shout out to all of our amazing faculty and staff at UW-Eau Claire who are working hard to make this semester the best it can be! Thank you for your commitment to student success! 💙💛



2.9K Views



Apr 7 · 🌐

Blugolds, yesterday you started online classes! We hope the rest of the semester is off to a good start. Just in case you need some tips on how to make your at-home workspace more comfortable, check out the info below. [#uwec](#)

TIPS FOR A GREAT

At-home workspace

ON THE

KEEP IT SIMPLE

ELIMINATE CLUTTER TO LIMIT DISTRACTIONS



GOOD LIGHTING

USE BRIGHT, NATURAL LIGHTING AS TO NOT STRAIN YOUR EYES

HILL MUSIC

HAVE A SOURCE OF MUSIC TO CANCEL OUT UNNECESSARY NOISE

GOOD POSTURE

SIT UPRIGHT IN A CHAIR TO KEEP YOU FOCUSED



KEEP MATERIALS HANDY

*PUT ALL OF YOUR MATERIALS IN ONE PLACE

ELIMINATE PHONE

KEEP YOUR PHONE OUT OF REACH



SOME EXTRA MOTIVATION AND ORGANIZATION TIPS



WRITE TO DO LISTS AND USE A PLANNER

REWARD YOURSELF WITH FREQUENT BREAKS AFTER COMPLETING TASKS



COOPERATE WITH OTHERS VIRTUALLY TO MAKE LEARNING MORE FUN





University of Wisconsin-Eau Claire



Apr 7 · 🌐

Trevor Nelson, a senior at [#uwec](#), was recently named a recipient of a prestigious 2020 Goldwater Scholarship. Nelson's passion for geology along with his experience participating in faculty-student research helped contribute to the accomplishment.



UWEC.EDU

Geology major Trevor Nelson named UW-Eau Claire's newest Goldwater Scholar

👍❤️ 147

9 Comments 12 Shares





University of Wisconsin-Eau Claire

Apr 8 · 🌐



Eau Claire City-County Health Department

Apr 8 · 🌐

It can be hard to stay home, but we need your help to slow the spread of COVID-19. Staying at home will save lives!

[#StopTheSpreadEC](#)

Staying at home will **SAVE** lives

Only leave your home to:

Pick up
essential
items



Seek
healthcare
(call ahead
unless
emergent)



Provide
essential
care to
others



Spend time
outdoors
(6 ft from
others)



Go to work
if in an
essential
service



Eau Claire City-County
Health Department

42

7 Shares





University of Wisconsin-Eau Claire



Apr 8 · 🌐

Blugold Sierra Pace knew that student teaching would have its ups and downs, but she never expected a worldwide pandemic to close schools. Thankfully, she continued to learn from her cooperating teacher, who is also a Blugold alum.

#uwec



UWEC.EDU

Student teaching takes an unexpected turn as schools move online

👍 80

2 Comments 11 Shares





University of Wisconsin-Eau Claire



Apr 8 · 🌐

Any student who is [#blugoldbound](#) or considering UW-Eau Claire for college can now attend Virtual Academic Program Sessions. Students can use these to explore potential areas of study and get questions answered by faculty members. The first one is tomorrow!! [#uwec](#)

Sign up >> <https://www.uwec.edu/visit>



THU, APR 9

Business Virtual Academic Program Session

INTERESTED



6





University of Wisconsin-Eau Claire



Apr 8 · 🌐

The Student Wellness Committee at UW-Eau Claire has some more tips for you on their "Wellness Wednesday." You can check in on your wellness at <https://www.uwecswat.wordpress.com/>. #uwec



UW-Eau Claire Recreation



Apr 8 · 🌐

Despite the limitations of social distancing, there are still SO MANY ways to sustain your mental health. Some of these activities include: exercising, doing things you enjoy, learning how to manage stress, getting enough sleep, and so much more! Check in with your total wellness by using the wellness wheel below. To complete the activity, visit <https://uwecswat.wordpress.com/#WellnessWednesday>



University of Wisconsin-Eau Claire

Apr 8 · 🌐



Check out [VitalSource](#) for free e-textbooks, Blugolds. You can get up to 6 textbooks electronically. See the info below for more details

 [#uwec](#)



UPDATE

Students can rent free digital versions of textbooks by creating an account at **Vital Source**.

- Use your .edu email address to create an account
- Digital rentals available through May 24th
- Most textbooks (but not all) available
- Find books in "My Bookshelf" and "Explore"
- You'll need the ISBN of the book
- You can have up to 6 free digital rentals

 14

3 Comments 6 Shares





University of Wisconsin-Eau Claire



Apr 9 · 🌐

If you are a student staying in Eau Claire during the quarantine, you have access to the printer in Vicki Lord Larson Hall 1132. Get more info below! [#uwec](#)

Blugolds,

If you are in Eau Claire and need to access a printer, you can use your Blugold ID to swipe into Vicki Lord Larson Hall through the breezeway door facing the campus mall.



The printer is located in VLL 1132. Please be safe, avoid touching many surfaces, don't touch your face, and wash your hands.



59

4 Comments 6 Shares





University of Wisconsin-Eau Claire

Apr 9 · 🌐

Just a quick (and fun) reminder that social distancing is important! Remember to keep a distance of 6 feet from others, which is about the equivalent of 12 Chicken Teriyaki Bowls from Sushi Do. [#uwec](#) [#StoptheSpreadEC](#)

FOR THE LOVE OF SUSHI DO,

KEEP YOUR DISTANCE



6 ft / 2 m = twelve teriyaki bowls

[#StopTheSpreadEC](#) | [#uwec](#)

University of Wisconsin
Eau Claire

👍😂 107

3 Shares



University of Wisconsin-Eau Claire



Apr 10 · 🌐

Check it out — [UW-Eau Claire Recreation](#) will be hosting online group exercise classes Monday through Friday from April 6-May 22. Simply give their page a "like" and check out what they're offering 💪💪 [#uwec](#)



UW-Eau Claire Recreation



Apr 10 · 🌐

Staying active while social distancing can improve your mood, keep you fit, and increase your level of happiness and self-accomplishment! 🏃 The Group Exercise program through UW-Eau Claire Recreation will be posting exercise class videos M-F starting April 6th through finals week. They will also be hosting live Zumba classes through Zoom on Saturday evenings at 7pm. "Like" UW - Eau Claire Group Exercise on Facebook to join these fun, fitness classes. Visit <https://www.youtube.com/watch?v=Folps3ot8hs&t=2s> to join Lindsey as she leads us through some Fitness Friday Yoga. [#fitnessfriday](#)

Claire Group Exercise on Facebook to join these fun, fitness classes. Visit <https://www.youtube.com/watch?v=Folps3ot8hs&t=2s> to join Lindsey as she leads us through some Fitness Friday Yoga. [#fitnessfriday](#)

Group Exercise

will be hosting online classes M-F, April 6-May 22. **"Like" UW-Eau Claire Group Exercise** on Facebook to access classes including live Zumba® every Saturday at 7pm on Zoom!



Fitness Friday

Brought to you by the Student Wellness Committee



2 Comments 4 Shares





University of Wisconsin-Eau Claire



Apr 10 · 🌐

You made it through your first week of online classes, Blugolds!! We're proud of all the hard work you're doing. Hang in there! [#uwec](#)



74

6 Comments 1 Share





University of Wisconsin-Eau Claire



Apr 11 · 🌐

Everyone seems to be doing as much as possible to battle COVID-19. Take, for example, the [University of Wisconsin-Eau Claire Continuing Education](#) and nursing education programs. Both stepped up to donate campus supplies including thousands of masks, gloves, and respirators to area facilities.



UWEC.EDU

UW-Eau Claire health care programs donate personal protective equipment to area facilities

👍 76

4 Shares





University of Wisconsin-Eau Claire



Apr 13 · 🌐

Remember that you must keep trying, even when you fail. [#uwec](#) [#momentummonday](#)



35

1 Comment 4 Shares





University of Wisconsin-Eau Claire



Apr 13 · 🌐

In an effort to make it easier for students to enroll this fall, the [University of Wisconsin System](#) announced today that they would be reducing the undergraduate application fee effective immediately, accepting unofficial high school transcripts for admission consideration, and holding students harmless for changes in admissions testing, grading formats, and other standard requirements. [#uwec](#)

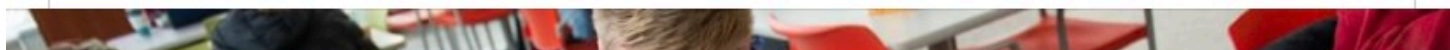


UW-Eau Claire Admissions



Apr 13 · 🌐

The [University of Wisconsin System](#) announced today a series of changes to admissions policies that will make it easier for students to enroll this fall. The changes include reducing the undergraduate application fee to \$25, accepting unofficial high school transcripts for admission consideration, and holding students harmless for changes in admissions testing, grading formats, and other standard requirements. [#uwec](#)





University of Wisconsin-Eau Claire



Apr 13 · 🌐

Blugolds, if you need access to Vicki Lord Larson Hall, you can use one of these indicated entrances with your Blugold ID. [#uwec](#)

STUDENT BUILDING ACCESS

to Vicki Lord Larson with Blugold ID swipe



Nic Jean Schultz and 12 others

3 Shares



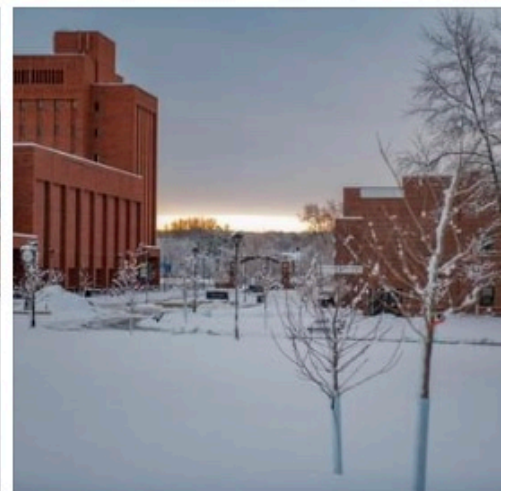
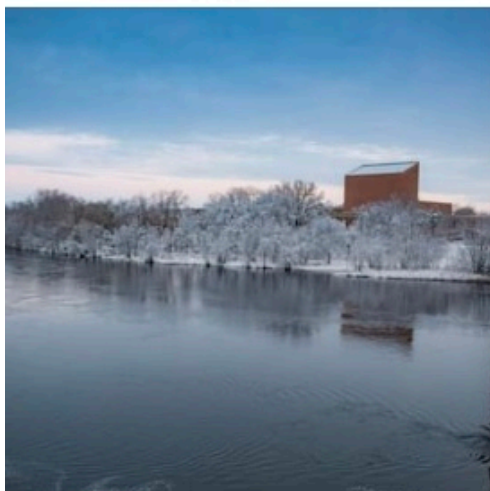


University of Wisconsin-Eau Claire



Apr 13 · 🌐

We're choosing to see the beauty in this spring snowfall. [#uwec](#) [#mostbeautifulcampus](#)



377

1 Comment 25 Shares





University of Wisconsin-Eau Claire



Apr 14 · 🌐

U.S. Navy Lt. Patrick Marsh is doing his part to help hospitals during the pandemic. The Blugold alum, who graduated from [#uwec](#) in 2014, is an emergency room nurse on the hospital ship USNS Mercy to help treat non-COVID-19 patients.



UWEC.EDU

Nursing grad providing care on Navy hospital ship supporting COVID-19 relief efforts

👍❤️ 185

3 Comments 7 Shares





University of Wisconsin-Eau Claire



Apr 14 · 🌐

The [McIntyre Library](#) Makerspace is answering the local call for 3D printed face shields and mask components. Thank you to all who are helping with this.



McIntyre Library



Apr 10 · 🌐

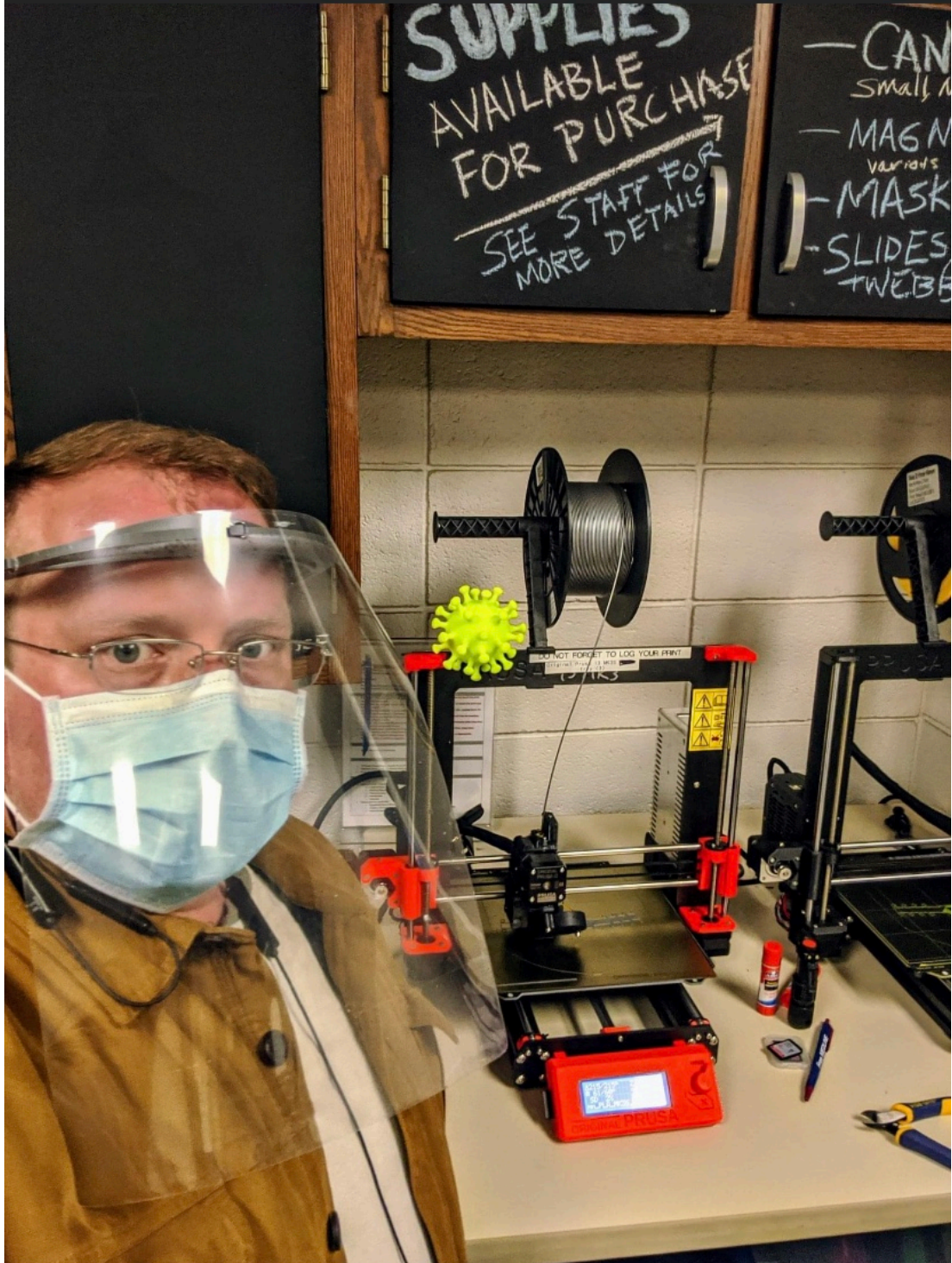
The Blugold Makerspace is answering the local call for 3D printed face shield and mask components! Our printing expert, Brad, has printed 20 mask bands and 23 face shield pieces so far 🙌 (updated 4/15)

Blugolds in Materials Science are also printing these important parts for our local health care providers. See the full story here: <https://www.uwec.edu/news/news/uw-eau-claire-mayo-clinic-and-community-makers-working-together-to-produce-face-shields-for-local-hospitals-4113/>

Image Description: Two 3D printers sitting on a table in the Makerspace next to Brad wearing a mask and face shield to help keep the area clean while the printers are running.

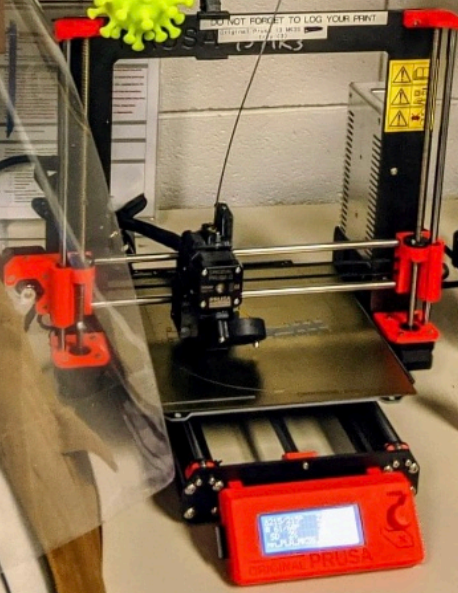
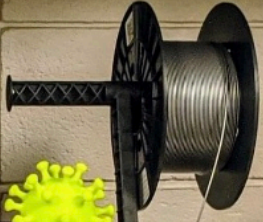


Send Message



SUPPLIES
AVAILABLE
FOR PURCHASE
SEE STAFF FOR
MORE DETAILS

- CAN
small
- MAGN
various
- MASK
- SLIDES
TWELVE





Apr 14 · 🌐

Blugolds continue to amaze us with their efforts to help out on the COVID-19 frontlines. Take, Christina Funk, for example. The UW-Eau Claire nursing alumna left home to offer up her nursing expertise on the NYC frontlines for the next 21 days. Stay tuned as we share updates on Christina's experience in New York. [#uwec](#)



Christina Funk is in Manhattan, New York City.

Apr 12 · 🌐

After a beautiful morning with my family (celebrating Easter), I started my journey to NY. Through a snowstorm at that...

.

I've had a lot of mixed feelings today but I am here now and I made it. I only hope I'm ready for what tomorrow brings, but I've done my best to prepare (with the help of sooooo many of you who helped with scrubs and masks and thoughtful gifts, all at the last minute with just one day's notice) - both mentally and physically... so we will see what happens next.

.

I report for duty bright and early tomorrow

I report for duty bright and early tomorrow morning at which time they will tell me where I'm needed that day.

Thanks to everyone who has reached out and shared words of encouragement, it means so much to me! ❤️

[#covid](#) [#nurse](#) [#krucialstaffing](#)
[#nursepractitioner](#) @ Manhattan, New York City





University of Wisconsin-Eau Claire

Apr 15 · 🌐

Blugolds, make sure you check out this quick update on the City of Eau Claire bus operations.

#uwec

City Bus Operation Update:

Moving forward, Eau Claire Transit **Routes 9 and 19 will discontinue** for the remainder of the spring semester.



The city continues to operate all other city bus routes. **Routes 7 & 15** are servicing areas near university residence halls/academic buildings.



8

1 Share





University of Wisconsin-Eau Claire



Apr 15 · 🌐

We interrupt your daily quarantine for a dose of cuteness from this Blugold baby! How are you showing off your school spirit these days? [#uwec](#)



: [Mary Worley](#)





University of Wisconsin-Eau Claire



Apr 15 · 🌐

In an effort to make sure all prospective students get a chance to see what [#uwec](#) offers, we are now giving an inside look at campus via virtual visits!



WQOW.COM

UWEC now offering virtual campus visits

Through the UWEC website, students can view cam...



84

1 Comment 9 Shares





Don't forget to participate in the 2020 Census, Blugolds. As a college student, it's important that you are counted in the area you normally would be living during the academic year — and not where you may be living right now while campus is closed. See more below! [#uwec](#)

Make sure you count in the 2020 Census

Here's what you need
to know...

- If you normally live on campus, in a residence hall or other university-sponsored housing, you will be counted by the university or college that you attend.
- If you live off campus, you or one of your roommates will need to respond for everyone living at that address.
- If you normally live with your parents during the school year, they will need to include you when they respond.



[#uwec](#)



7

3 Shares





University of Wisconsin-Eau Claire

Apr 16 · 🌐

Check out the [#uwec](#) feature in this [University of Wisconsin System](#) update on what campuses are doing to help combat [#COVID19](#).



University of Wisconsin System

Apr 15 · 🌐



[#AllinThisTogether](#)



YOUTUBE.COM

UW Helping Wisconsin



2 Shares





University of Wisconsin-Eau Claire

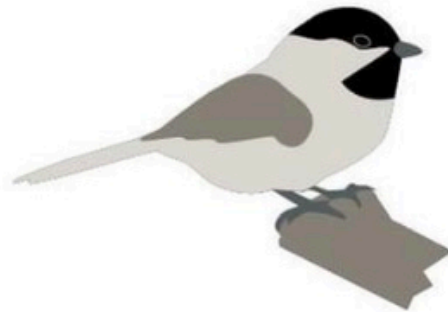


Apr 16 · 🌐

If we are ever to be reunited with Judi, we need to keep social distancing. Check out this take on the 6 foot distance recommendation 💙💛 #uwec

WANT TO SEE JUDI AGAIN SOON?

KEEP YOUR DISTANCE



6 ft / 2 m = fifteen chickadees

#StopTheSpreadEC | #uwec

University of Wisconsin
Eau Claire



Nic Jean Schultz and 81 others

7 Shares





University of Wisconsin-Eau Claire



Apr 17 · 🌐

To help health care workers in the Chippewa Valley, Dr. Doug Dunham, director of the [#uwec](#) Materials Science and Engineering Center, pulled together a team to see how they could utilize their expertise and technology to make a significant impact.



UWEC.EDU

UW-Eau Claire, Mayo Clinic and community makers working together to produce face shields for local...

50

3 Shares

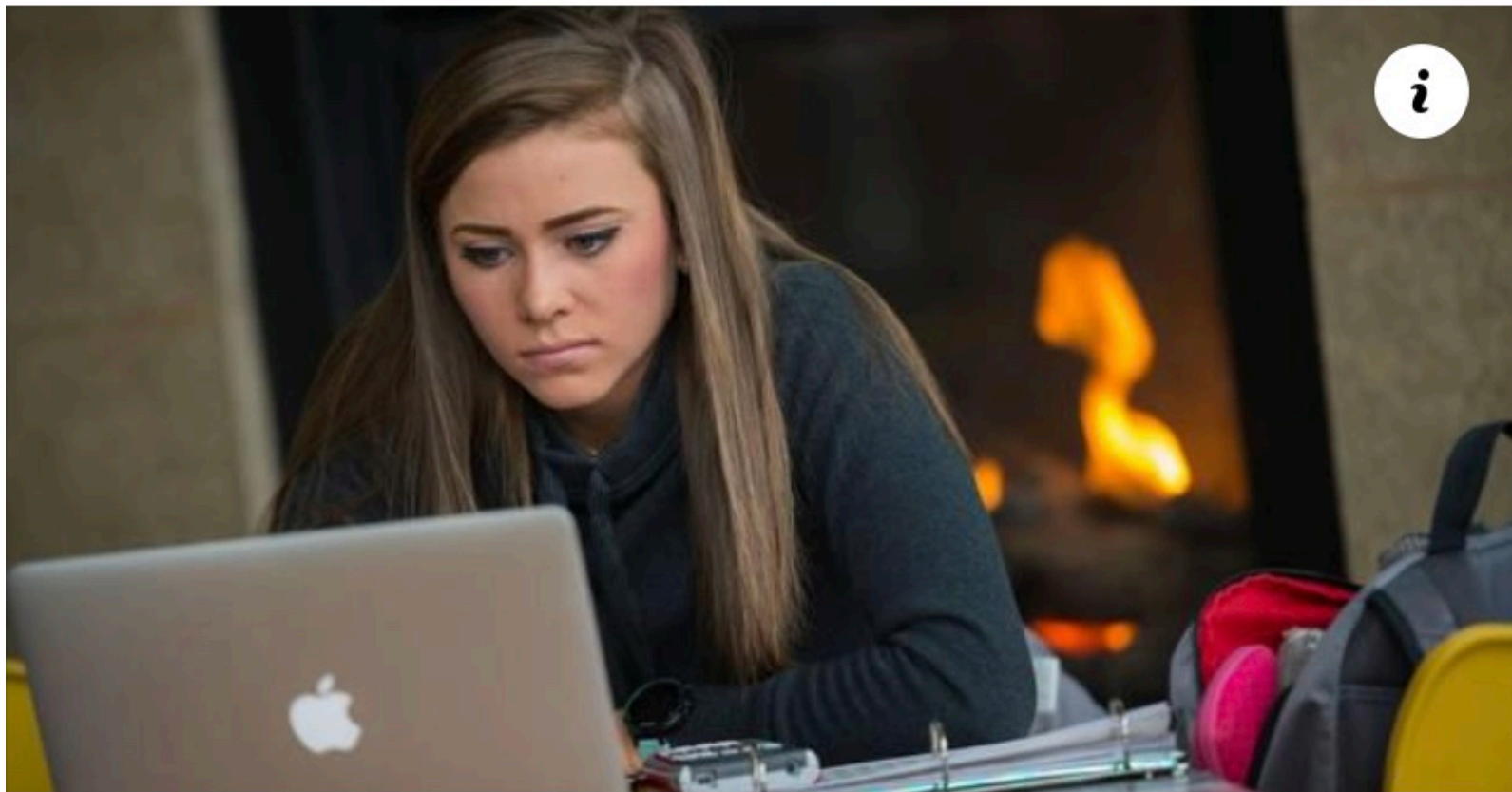


University of Wisconsin-Eau Claire



Apr 17 · 🌐

This morning Provost Patricia Kleine provided [#uwec](#) and [#uwecbc](#) students with a few academic updates. Students should note that the withdrawal deadline this spring has been extended to May 15 and all summer classes will be held online.



UWEC.EDU

Provost sends student academic updates for spring 2020



24

3 Comments 5 Shares





University of Wisconsin-Eau Claire



Apr 17 · 🌐

Join the [#uwec](#) Woodwind Faculty for a virtual recital this evening at 5 p.m. (CST). Find the link below and treat yourself to some beautiful music



UWEC Bands



Apr 16 · 🌐

Friday night at 5pm (CST) members of the Woodwind Faculty will present a virtual recital. Chec... See More



YOUTUBE.COM

Virtual Faculty Recital



13

3 Shares





University of Wisconsin-Eau Claire



Apr 17 · 🌐

Happy Blugold Friday! We made it another week

🙌🙌 Keep it up! [#uwec](#) [#blugolds](#) 📷: [Instagram](#) user Maddie Falkner



👍 64

1 Comment





University of Wisconsin-Eau Claire

Apr 18 · 🌐



From helping produce, package, and distribute hand sanitizer to making masks, our students are giving back to their hometowns during COVID-19. Check out how Blugolds are finding unique ways to help while adhering to social distancing rules.

[#uwec](#)



UWEC.EDU

UW-Eau Claire students giving back to hometowns during COVID-19



104

4 Shares





University of Wisconsin-Eau Claire



Apr 18 · 🌐

Today, two Blugold alums were married right on our campus!! Jena Weiler ('13) and Ryan Moertel ('12) cancelled their June wedding due to the "safer at home" order and decided to make their wedding happen at the place where it all started. Chancellor Jim even shared a proclamation commemorating their marriage 💙💛

In their honor, we'd like to hear YOUR Blugold love stories. Share how you met your significant other at [#uwec](#) in the comments below. And stay tuned for a video and photos from Jena and Ryan's wedding.



UW-Eau Claire Alumni

Apr 18 · 🌐

Hear ye, hear ye! Today we share a proclamation by Chancellor James C. Schmidt that commemorates the marriage of Jena Weiler ('13) and Ryan Moertel ('12), which took place TODAY on the UW-Eau Claire campus in the space of what many of you will recognize as the location of "Old Davies."



That's right; two Blugold alumni got married on campus today!

Jena and Ryan cancelled their June wedding due to the current "safer at home" order, but they decided to make their wedding happen back in the place where it all started. With the help of Ryan's law partner—someone he was continuing to be in proximity with due to their need to keep their small business afloat amidst social distancing—Ryan and Jena, along with the daughter Charlotte, took their vows while sharing a Facebook livestream of their brief ceremony with everyone who would have been in their wedding party.

We'll have a video and photos to share with you of this Blugold wedding tomorrow (worth the wait, we promise!), but for now, please join us in celebrating TODAY, Saturday, April 18, 2020 as Jena Weiler and Ryan Moertel Day at UW-Eau Claire! The best way to celebrate? Share your only Blugold love stories (and a photo or two!) in the comments here! It's always so fun to learn about Blugold couples.



*A Proclamation Commemorating the Marriage of
Jena K. Weiler and Ryan J. Moertel on the
University of Wisconsin-Eau Claire Campus*

Jena K. Weiler graduated from UW-Eau Claire in 2013 with a Bachelor's degree in Communication Sciences and Disorders and is employed as a therapist at Marshfield Clinic, and

Ryan J. Moertel graduated from UW-Eau Claire in 2012 with a Bachelor's degree in Business Administration and is a Criminal Defense Attorney at Krische and Moertel, and

Jena was a Campus Ambassador and in the Blugold Marching Band, was in Mortar Board and played Blugold Football, and

Jena and Ryan met on the UW-Eau Claire campus when both were Student Union Advisors and became a couple, and

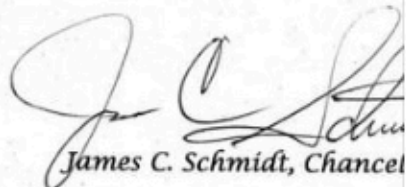
Jena and Ryan had their wedding plans disrupted because of the COVID-19 virus, and

Jena and Ryan's great love story began on the UW-Eau Claire campus when they decided on an impromptu wedding on campus in front of the Mortar Board, witnessed by their family and daughter, and

Jena and Ryan have demonstrated in action and attitude the values of each other and their connection as Blugolds,

BEFORE ME, I have declared Saturday, April 18, 2020, as Ryan Moertel Day on the University of Wisconsin-Eau Claire campus and have set my hand to be affixed this the 18th day of April 2020.




James C. Schmidt, Chancellor



  652

51 Comments 9 Shares





University of Wisconsin-Eau Claire



Apr 19 · 🌐

Check out some of the most beautiful photos from the Blugold wedding that happened on campus this weekend! Congrats to Jena and Ryan 💙💛
[#uwec](#)



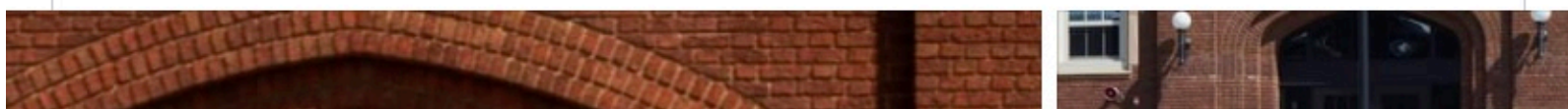
UW-Eau Claire Alumni

Apr 19 · 🌐

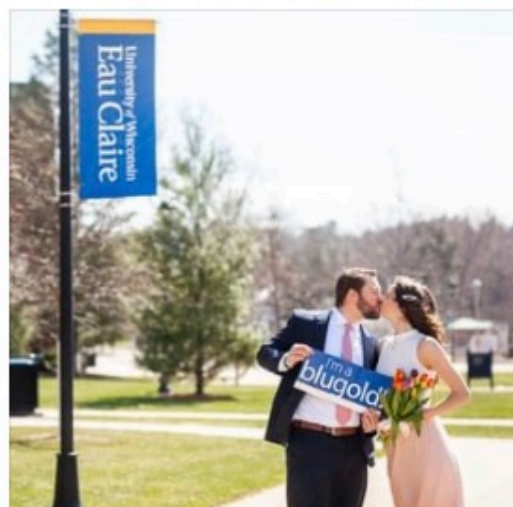
As promised, a couple more photos of Blugolds Jena and Ryan from their wedding on campus yesterday!

We invite you to share your congratulations and advice for their happy life together! We already know that they're off to a great start!

Thanks to photographer [Gabe Stejskal](#) '12 for capturing his first socially-distant wedding and sharing his photos with us. You can see more of his work at www.gabe-photography.com



sharing his photos with us. You can see more of his work at www.gabe-photography.com





University of Wisconsin-Eau Claire



Apr 20 · 🌐

What can you do to make today count? [#uwec](#)
[#momentummonday](#)



32

1 Comment 6 Shares





University of Wisconsin-Eau Claire



Apr 20 · 🌐

Blugolds, don't forget that the withdrawal deadline for spring semester 2020 has been extended until Friday, May 15. [#uwec](#)

University of Wisconsin
Eau Claire



Blugolds, you now have until

Friday, May 15

to withdraw from a spring semester course

Contact your academic advisor in the ARCC to do so



8

7 Shares





We've been following along as Christina Funk, a nursing alum from [#uwec](#), volunteers her time in New York City hospitals that have been hit hard by the COVID-19 pandemic. This past week, Christina was placed at one of the largest and hardest hit hospitals in the Bronx, NY. Check out her post below and let's all keep Christina in our thoughts.



Christina Funk is at Bronx, New York.

Apr 17 · New York, NY · 🌐

Day 5/21:

.

I took this video the day before I received my placement, this past Wednesday. I was able to take a long walk through all of Central Park and do a lot of reflection. This musician at the Central Park Terrace lifted my heart.

.

I've been placed at one of the largest and hardest hit hospitals in the Bronx, NY.

.

The majority of people working in this hospital are the relief workers from the organization I came here with, including RNs, RTs, NPs and

The majority of people working in this hospital are the relief workers from the organization I came here with, including RNs, RTs, NPs and PAs. Because many of the regular staff are sick.

.

I had my first day yesterday but it was mostly orientation. Today I'll be in the ICU. All the patients here are Covid-19+.

.

The people here have seen and been through a lot. But there are glimpses of hope, the tent outside the hospital yesterday that was being used as a back up ER bay was closed due to not needing it. They told us this was the first day that they haven't needed it.

.

All inpatient units are makeshift ICUs now. My crew is full of knowledgeable men and women with ICU experience here to help, both the patients and the nurses. We are being supplied the PPE we need.

.

Here's to another day out here - we got this! Please keep my family at home in your hearts, I miss them. ❤️

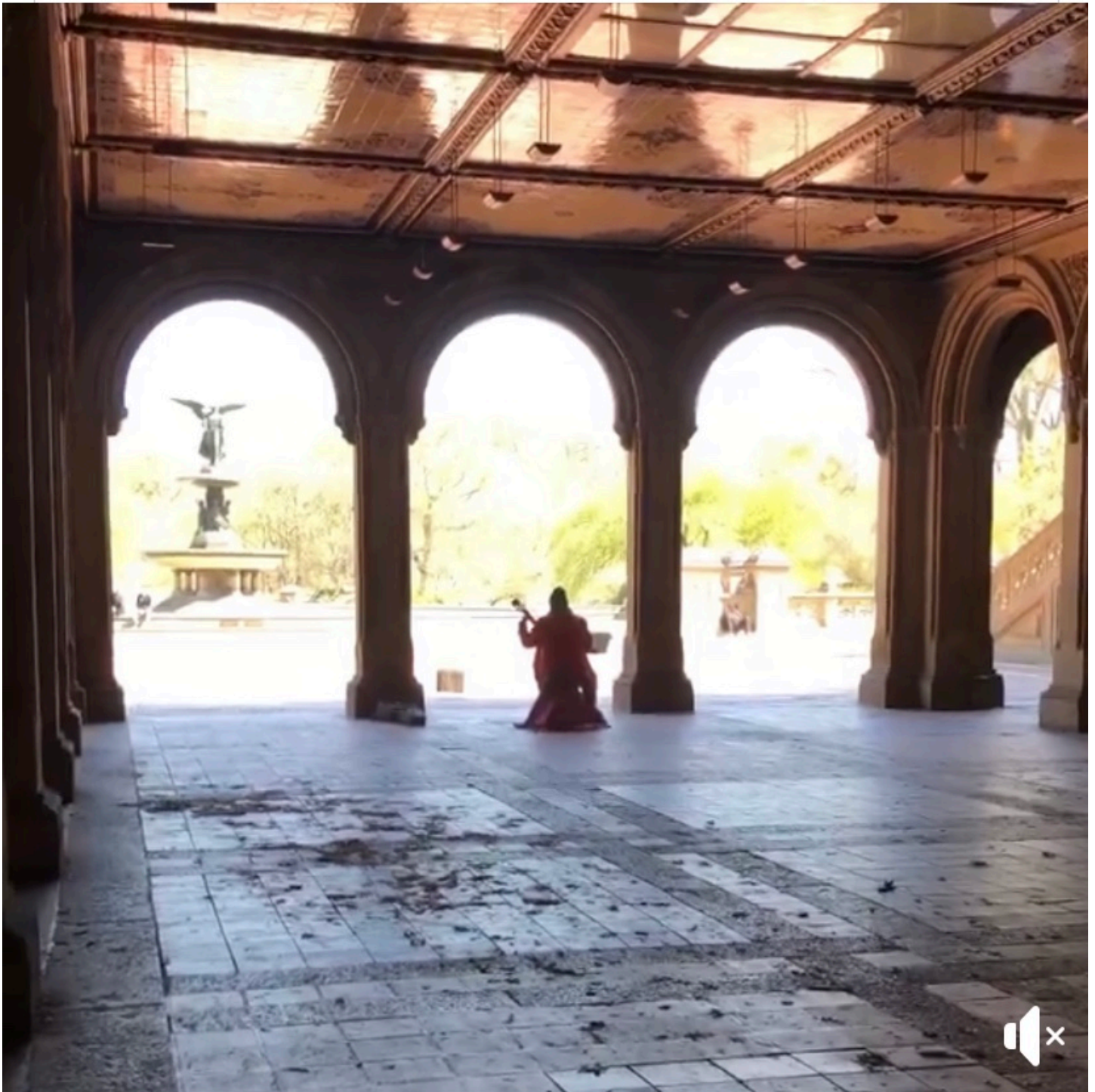
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[#stayhome](#) [#frontlinescovidrelief](#) [#nycstrong](#)
[#krucialstaffing](#) [#nursepractitioner](#) [#nurse](#)

miss them. ❤️

.

#stayhome #frontlinescovidrelief #nycstrong
#krucialstaffing #nursepractitioner #nurse



3.3K Views

👍❤️ 96

8 Comments 4 Shares





University of Wisconsin-Eau Claire



Apr 21 · 🌐

While other campus events have been forced to cancel, leadership in the Office of Research and Sponsored Programs have decided to host the first-ever online Celebration of Excellence in Research and Creative Activity from April 27-May 1. [#uwec](#)

More >> <https://bit.ly/3eDdwVL>



53

8 Comments 10 Shares 4.7K Views



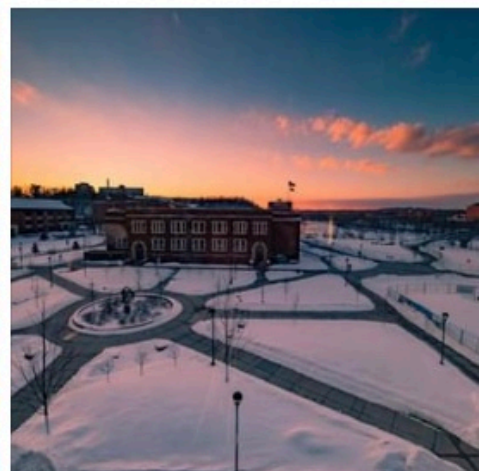
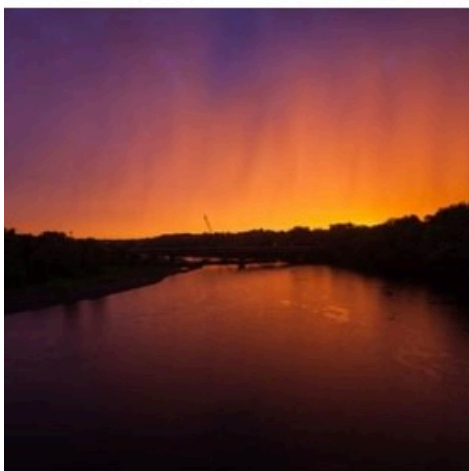


University of Wisconsin-Eau Claire



Apr 22 · 🌐

The Chippewa River 💧 sunsets and sunrises 🌅
changing leaves 🍁 and fresh fallen snow ❄️ —
these are some of the features that ma... See More



  580

10 Comments 114 Shares





University of Wisconsin-Eau Claire



Apr 23 · 🌐

Blugolds, we know how much you're missing the campus ducks and Chicken Teriyaki Bowls. That's why we've made this "How to 'Blugold'" guide for you. Check out how you can keep some of your fave campus traditions alive at home. [#uwec](#)
[#BlugoldsFlyTogether](#)



MEDIUM.COM

How to "Blugold" During Quarantine

We've hit the one month mark of quarantine. It's be...

👍 67

2 Comments 13 Shares





University of Wisconsin-Eau Claire



Apr 23 · 🌐

Blugolds, don't forget that Summer Session courses are online this year. If you were signed up for a face-to-face class, it will move to an online class. This is also a great way to get ahead in your degree plan. [#uwec](#)

See More >> <https://bit.ly/2XYKSIR>





University of Wisconsin-Eau Claire



Apr 23 · 🌐

Here's a friendly reminder from [Delta Zeta at the University of Wisconsin- Eau Claire](#)!! Stay healthy and keep social distancing and don't forget that [#blugoldsflytogether](#) even when apart. [#uwec](#)



Delta Zeta at the University of Wisconsin- Eau Claire



Apr 22 · 🌐

☆Happy Wednesday! Delta Zeta hopes everyone is staying safe and healthy and doing their part in helping the community!☆





Delta Zeta at the University of Wisconsin- Eau Claire

Apr 22 · 🌐

☆Happy Wednesday! Delta Zeta hopes e... See More



34



University of Wisconsin-Eau Claire

Apr 24 · 🌐



Happy Friday, Blugolds! Let's celebrate the day by looking back on some of our favorite [#uwecspring](#) photos. We'll be together again soon. In the meantime revisit some [#uwec](#) memories with us



[#blugoldsflytogether](#)



31

3 Shares 1.9K Views





University of Wisconsin-Eau Claire



Apr 25 · 🌐

With many internships cut short this semester, students found themselves worried about the future. However, thanks to the support of faculty and staff like those in the social work department, students were able to find new ways forward.

[#uwec](#)



UWEC.EDU

Social work majors find new ways forward after COVID-19 ends internships

70

6 Comments 9 Shares





University of Wisconsin-Eau Claire

Apr 27 · 🌐



Silence the voice that says "you can't," and start believing that you can. [#uwec](#) [#momentummonday](#)

[#momentummonday](#) | [#uwec](#)

“

**If you hear a voice within you say
'you cannot paint,' then by all means paint,
and the voice will be silenced.**

– VINCENT VAN GOGH

57

1 Comment 21 Shares



University of Wisconsin-Eau Claire

Apr 27 · 🌐

Check out how campuses within the [#UWSystem](#) are assisting their communities as they deal with the effects of COVID-19. We are [#AllinThisTogether](#).



University of Wisconsin System



Apr 27 · 🌐

The [#UWSystem](#) continues to assist our communities as they deal with the effects of COVID-19. From donating PPE to cr... See More



Helping Wisconsin



3.5K Views



3 Shares ▾



University of Wisconsin-Eau Claire



Apr 27 · 🌐

Thanks to [UW-Eau Claire \(UWEC\) Career Services](#) and some positivity, Blugolds like Taylor Schneider are learning to adapt in these uncertain times as they search for internships and jobs. [#uwec](#)
[#blugoldsflytogether](#)



UWEC.EDU

Career Services supporting Blugolds in their search for internships and jobs

👍❤️ 45

1 Comment 5 Shares  ▼



University of Wisconsin-Eau Claire



Apr 28 · 🌐

Now, more than ever, it's important to feel connected while we're apart. That's why we asked one of your fellow classmates to share what life is like while occupying time in quarantine and navigating virtual classes. [#uwec](#)
[#blugoldsflytogether](#)



MEDIUM.COM

A Day in the Life of a Quarantined Blugold

The last few weeks have proven to be tough on ever...



5 Comments 5 Shares





University of Wisconsin-Eau Claire

Apr 28 · 🌐



Introducing the [#blugoldbound](#) digital photo frame. If you are planning to attend [#uwec](#) in the fall or are a high school with seniors planning to attend [#uwec](#), use this photo frame to celebrate on social media. Simply save the frame, follow the attached instructions, and post on social.



👍❤️ 49

27 Comments 10 Shares





University of Wisconsin-Eau Claire

Apr 29 · 🌐

We are proud to announce that [#uwec](#) has been selected by The Council on Undergraduate Research to host the spring 2023 National Conference on Undergraduate Research.

More >> <https://bit.ly/3bXXLat>



217 23 Comments 30 Shares 8.4K Views



University of Wisconsin-Eau Claire



Apr 29 · 🌐

Check out this video featuring COVID-19 information and resources for Spanish speakers in our community with [#uwec](#)'s very own Dr. Licon.



Eau Claire City-County Health Department

Apr 28 · 🌐

¿Necesita información sobre el COVID-19 en español? Esta serie de videos habla de: ¿Qué es COVID-19?. Protégase a sí mismo... [See More](#)
[See Translation](#)



YOUTUBE.COM

COVID-19 Información en español - YouTube



10

3 Shares





Eau Claire City-County Health Department

Apr 28 · 🌐

¿Necesita información sobre el COVID-19 en español? Esta serie de videos habla de: ¿Qué es COVID-19?. Protéjase a sí mismo y a los demás de COVID-19, y Si piensas que estás enfermo. Gracias a la comunidad de socios de la [University of Wisconsin-Eau Claire](#) y El Centro de Conexión de Chippewa Valley [#StopTheSpreadEC](#) https://www.youtube.com/playlist?list=PLYCW5A-Z_HjORdTpqL4ZY7Mfhtsxqn-0-

Need COVID-19 information in Spanish? This video series discusses: What is COVID-19, Protecting yourself and others from COVID-19, and If you think you are sick. Thank you to community partners at University of Wisconsin-Eau Claire and El Centro de Connexion Chippewa Valley [#StopTheSpreadEC](#)

See Translation



YOUTUBE.COM

COVID-19 Información en español - YouTube





University of Wisconsin-Eau Claire

Apr 29 · 🌐



Please keep up your social distancing efforts, Blugolds! And if you're unsure about the 6-foot distance, use the campus ducks as a reference 🦆
🦆🦆 [#uwec](#) [#stopthespreadec](#)

PLEASE PRACTICE

SOCIAL DISTANCING

FOR YOUR SAFETY



6 ft / 2 m = three ducks

[#StopTheSpreadEC](#) | [#uwec](#)

University of Wisconsin
Eau Claire

👍 75

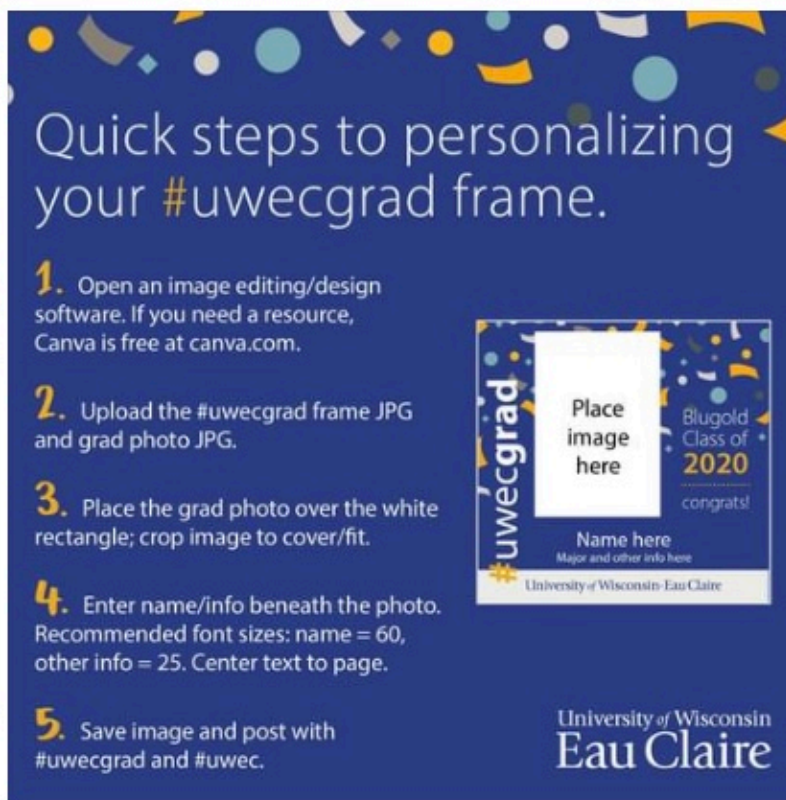
8 Shares 



University of Wisconsin-Eau Claire

Apr 30 · 🌐

Are you a current UW-Eau Claire senior who is graduating this semester? Celebrate with this special [#uwecgrad](#) virtual photo frame. We want to celebrate YOU. Go ahead and save the frame, then follow the directions and share it with us on social media. [#uwec](#) [#blugoldsflytogether](#)



👍❤️ 36

5 Comments 6 Shares

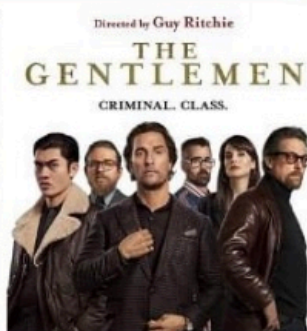


Check out these new releases coming to MyTV10 in the month of May! Remember that you can access tons of movies for free using your student login.

**TV10, UW-Eau Claire**

Apr 30 · 🌐

Justin Timberlake says, "It's gonna be May" so we say new movies on mytv10.uwec.edu! Catch these and more on mytv10 very soon! 🌟



Send Message





University of Wisconsin-Eau Claire



Apr 30 · 🌐

As some of you already know, we've been following Blugold nursing alum, Christina Funk, while she volunteers as an ICU nurse in NYC. Check out her April 23 post, where she describes the scene at New York hospitals. Let's keep thinking of Christina and other frontline and essential workers!! [#uwec](#)



Christina Funk

Apr 23 · 🌐

I know I'm overdue for an update...

.

First of all - thank you to EVERYONE who has checked in on me, shared loving and supportive sentiments, and sent needed items and food/coffee money - ALL have been so appreciated and I promise to try to repay your kindnesses when I can.

.

So... the big question - "What is it like here?"

.

I don't really know how to answer that.

.

I only know what I see and do directly so I can't

.
So... the big question - "What is it like here?"

.
I don't really know how to answer that.

.
I only know what I see and do directly so I can't speak to the situation in NYC as a whole, and even within my hospital the situation is different from unit to unit. The supplies I use for protection and the care I can provide is unique to just this one small place among the big picture of things. And to be honest I was MUCH more aware of the big picture before I came, when I could keep myself up to date with the data and news. Since I've been working 14h a day (including the bus commute) and sleeping 6.5-7h a night with time for NOTHING else, I literally have to FaceTime my family while I scarf down food so I can try to get to bed as soon possible. I'm often the one ironically asking my husband, "so what's going on in NY? What're the numbers like here?"

.
All I know is what I do each day in my ICU in THIS hospital and here are some things I know to be true.

.
✓ There are so many deaths happening

ALL I KNOW IS WHAT I DO EACH DAY IN MY ROOM IN

THIS hospital and here are some things I know to be true.

.

✓ There are so many deaths happening

✓ Yes, we have a freezer truck for the deceased, two in fact

✓ When someone gets extubated (breathing tube removed because they can breathe on their own again) they play Fight Song over the hospital-wide PA system, I've heard it at least once every day. Everyone stops what they're doing and claps or cheers, even if it's not on their unit or their patient. I can't help but tear up every time

✓ When someone leaves the hospital because they recovered, they play New York, New York. I've only heard it once.

✓ The hospital I'm in is almost entirely run and staffed by our organization's relief nurses

✓ The Army is also here helping

✓ The nurses I work with who are from here are kind, helpful, and appreciative- they always say thank you for coming

✓ Every day there are some "original" staff I work with who have either been very sick themselves or have taken care of colleagues as

say thank you for coming

✓ Every day there are some "original" staff I work with who have either been very sick themselves or have taken care of colleagues as patients here who have been critically ill

✓ Families cannot be with their loved ones who are sick, unless they're actively dying and then it's only 2 and for only a few minutes and they have to wear an N95 mask

✓ I hear vent/ cardiac monitor alarms in my sleep

✓ Supplies run low, it's not just ventilators to be worried about, it's things we need to provide adequate care, other things that are imperative to save people

✓ The healthcare system in this country is so broken, and this novel virus brought it to its knees here in NYC

✓ So far I've gotten a new N95 each day from the hospital. Just a few days before my wave came to help, they were rationed to 5-7 days. The nurses here held a walkout and they listened. 🩺❤️

✓ The rule my organization lives by is "no mask, no nurse"

✓ Yesterday upon our arrival to work our shift

the hospital. Just a few days before my wave came to help, they were rationed to 5-7 days. The nurses here held a walkout and they listened. 🩺❤️

✓ The rule my organization lives by is "no mask, no nurse"

✓ Yesterday upon our arrival to work our shift they told us there were no masks, but then an hour later they brought us some... until then we just waited. Part of me wanted to get sent back to the hotel for the day to sleep and rest, but I also felt horrible for the nurses and patients that had to wait on me; I came here for them.

✓ My thumb is really sore and calloused from popping the top off of so many medication vials

✓ A patient I cared for recently had been on the vent so long they put in a tracheotomy. When he came back from surgery he had ulcers on his face from the breathing tube securing device and the proning therapy he had received. The RT I worked with said in his Belarus accent, "this is how we will know who was sick when we are walking down the streets in the future. By the scars on their faces." My first thought was, I hope they are walking down the street someday...

✓ The death rate in my ICU is written on a

device and the proning therapy he had received. The RT I worked with said in his Belarus accent, "this is how we will know who was sick when we are walking down the streets in the future. By the scars on their faces." My first thought was, I hope they are walking down the street someday...


✓ The death rate in my ICU is written on a white board in the unit: 38%

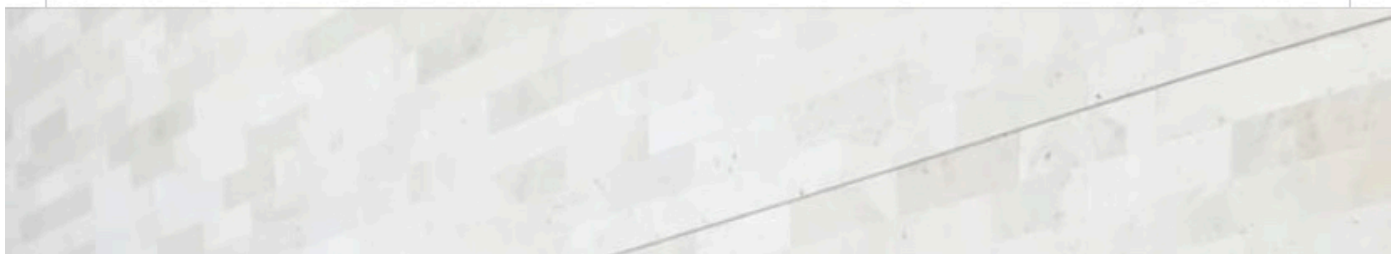
✓ one PA I work with here said her husband, also a PA, is at a different Bronx hospital and on his unit it's 95%

.

There's more to say but this is it for today. Do you have more questions? What do you want to know? Throw it in the comments and I'll try to answer when I can.

.

: free lunch from World Central Kitchen who is bringing food for frontline workers every day to all the NY H+H hospitals and all the [Krucial Staffing](#) hotels every evening, being distributed by the army. 🥰❤️👩⚕️





  254

7 Comments 26 Shares

