

Secure. Contain. Protect.

Item #: SCP-3019

Object Class: Euclid

Special Containment Procedures: SCP-3019 (also referred to as COVID-19) is currently spread to hundreds of thousands of people across the globe and has yet to be completely contained successfully through vaccination. The general public has been instructed to stay safe by taking precautions, such as physical distancing, wearing face masks, keeping rooms well ventilated, avoiding crowds and close contact, regularly washing hands, and coughing into elbows or a tissue. If an individual wishes to seek further precautions, has come into contact with someone who has tested positive, or has tested positive themselves for SCP-3019, both isolation and quarantine are methods of preventing the spread. These precautions have been advised by the World Health Organization. It is to be noted the SCP-3019 is publicly known.

Description: SCP-3019 is an infectious disease caused by a newly discovered coronavirus. The virus spreads primarily through droplets of saliva or discharge from the nose or mouth when an infected person coughs or sneezes.

The most common symptoms of SCP-3019 include:

- Fever
- Dry cough
- Fatigue

Other symptoms that are less common and may affect some of those infected include:

- Loss of taste or smell,
- Nasal congestion,
- Conjunctivitis (also known as red eyes)
- Sore throat,
- Headache,
- Muscle or joint pain,
- Different types of skin rash,

- Nausea or vomiting,
- Diarrhea,
- Chills or dizziness.

People of all ages who experience fever and/or cough associated with difficulty breathing or shortness of breath, chest pain or pressure, or loss of speech or movement have been encouraged to seek medical care immediately.

If an individual receives SCP-3019, they have approximately an 80% chance for survival without needing to be hospitalized. About 15% of those diagnosed with SCP-3019 become seriously ill and will require oxygen. The remaining 5% become critically ill and will need intensive care. Pre-existing conditions that significantly increase the potential for death include high blood pressure, heart and lung problems, diabetes, obesity or cancer. While these underlying conditions increase the risk of developing serious illness, anyone can get sick with SCP-3019 and become seriously ill or die.

Addendum 3019 - 1: The following audio log is the perspective of student [REDACTED] who currently attends University of [REDACTED] who was quarantined due to close contact with someone who tested positive for SCP-3019.

The student was first asked how SCP-3019 affected his schooling before his quarantine.

My school's precautions seemed fair and safe for the most part. Thank God we were open still, because I don't think I could perform as well as I do grade wise if classes weren't at least partially in person. On campus though, I didn't really struggle with following the rules and precautions given by the school. It was frustrating though not being able to do some of the things I really enjoyed about school: like singing in choir or doing theater shows for example. Obviously though it's for the safety of others, so I'm not really supposed to complain too much about it.

I think that most students and staff followed the regulations and stuff pretty well. It would be a little frustrating though when you would see people kind of not following the standard protocols. The only one that actually makes me slightly bothered is when I see people not even wear their facemasks properly. It's just like "You're so close to being good, just cover up that nose!" But

honestly I don't really care at this point in the pandemic. Like I'll just do whatever the CDC, World health organization, or on campus health advisors say I need to do.

The student was asked then to describe what quarantine was like for him.

About one and a half weeks ago I ended my quarantine. I was one of the lucky ones. I never even had Covid-19. My quarantine wasn't that bad really, because the University of [REDACTED] allowed me to quarantine at my house in [REDACTED]. Each day I monitored my symptoms and would ask my parents if they felt anything. Thankfully they didn't. So it was nice that no one in my house or family got sick.

But yeah so the actual quarantine. Every day in quarantine was pretty much the same. I would sleep in a lot and then I would get up, eat breakfast and start whatever homework I had and could do or play some video games. Because I'm a Music Education student, I fell behind at least a little bit in the majority of my classes, because you need to be in person and in the class to know what's happening with my major. Anyways, I would spend most of the days cooped up in my room, only leaving to make myself food or use the restroom. For a few days I took my dog on a walk which was nice, because it allowed me to get out of the house. Food wise, I would usually just eat whatever I could make in the kitchen, and some days my parents would bring me food which was very nice.

The student was then asked if his quarantine due to close contact with a carrier SCP-3019 had any affect on his parents living with him in his home.

My dad was actually out of town, on his yearly deer hunting trip in [REDACTED], so he didn't really have anything to worry about, at least for the beginning of my quarantine. My mom who was at home with me, however, took precautions for the first week of my quarantine. When she picked me up from the University of [REDACTED] she and I both wore masks with the windows down as we drove back to our house. I even tried to avoid talking and breathing in her direction for the ride. Once we got home I just bought everything in my room and went straight to bed. It was the weekend when my quarantine started, so my mom (who works at the local highschool) was home too. She would come and check on me in a mask and chat with me for a

little bit about school, how I was feeling or whatever. We would also talk when I came out to make food and stuff, which was nice too. After about 5 days in quarantine, and no symptoms from me and a negative test result we relaxed with how much we were distancing in the house. It was pretty easy to be under quarantine for the rest of the time then. Luckily, my friends and I play video games together a lot so I didn't ever feel completely isolated from the world.

That's one of the biggest things I'm grateful for... In this pandemic I have grown in the relationships in my life that really matter to me. I've never been closer with my family or my friends. I have them to thank for keeping my days brighter when I was under quarantine and as I deal through this pandemic. They inspire me to stay positive and look towards my still bright future.

That was the end of Addendum 3019 - 1. This concludes the documentation of SCP-3019.

(Note: for the response to the questions I wanted to make it sound serious so I did record them first and then try and rewrite them for the podcast. So, my rewriting may not 100% accurate)