



University of Wisconsin-Eau Claire



Mar 6 · 🌐

Good luck to the UW-Eau Claire Men's Basketball team in their NCAA First Round game against St. John's at 5 p.m. this evening! Go, Blugolds 💙💛



👍 60

5 Shares  ▼



University of Wisconsin-Eau Claire



Mar 7 · 🌐

Good luck to the [UW-Eau Claire Women's Ice Hockey](#) team. Today, they will play UW-River Falls in the WIAC Championship at 2 p.m. at... See More



163

3 Comments 9 Shares ▼



University of Wisconsin-Eau Claire



Mar 9 · 🌐

Happy [#NationalNappingDay](#)! What's your favorite place to catch some Zzz's 🤪 in between classes, Blugolds? [#uwec](#)



49

5 Comments 3 Shares ▼



University of Wisconsin-Eau Claire



Mar 10 · 🌐

Blugolds, there's still time to sign up for this Saturday's Shamrock Shuffle 5k fun run/walk. This event is for individuals of all ages. Com... See More



👍 26

2 Shares  ▼



University of Wisconsin-Eau Claire



Mar 11 · 🌐

Have dreams of traveling over spring break? Join UW-Eau Claire on the Civil Rights Pilgrimage from March 20-29. Not only will this journey... [See More](#)



31

5 Comments 12 Shares 5.2K Views





University of Wisconsin-Eau Claire



Mar 11 · 🌐

Due to recent rumors, we would like to update our campus community that no individual in Eau Claire County has tested positive for COVID-19, and no student, faculty or staff at [#uwec](#) has tested positive. We are working closely with the [Eau Claire City-County Health Department](#) to stay updated. A campus update on coronavirus will be shared this afternoon.

472

117 Comments 63 Shares ▼



University of Wisconsin-Eau Claire



Mar 12 · 🌐

No spectators will be permitted to watch the [UW-Eau Claire Women's Ice Hockey](#) and [UW-Eau Claire Men's Ice Hockey](#) NCAA Quarterfinals in-person. Please note that there will be live stats, live video with play-by-play and radio coverage of both games. [#uwec](#)



UW-Eau Claire Blugolds

Mar 11 · 🌐



Update on [UW-Eau Claire Women's Ice Hockey](#) & [UW-Eau Claire Men's Ice Hockey](#) NCAA Q... See More



NCAA®



University of Wisconsin-Eau Claire



Mar 12 · 🌐

UPDATE: This afternoon Chancellor James Schmidt provided an update regarding COVID-19. It has been determined that there will be no campus-based, in-person classes at Eau Claire, Barron and Marshfield locations from Saturday, March 14 through Friday, April 3. Additionally, all university-sponsored travel is prohibited as of end of day Friday, March 13 and all campus visits will be cancelled until further notice.

Please visit this link for more info >> <https://bit.ly/3aIAV5w>



284

49 Comments 158 Shares 20K Views





University of Wisconsin-Eau Claire



Mar 13 · 🌐

UPDATE: Due to concern regarding the COVID-19 pandemic, this weekend's Shamrock Shuffle is cancelled. Per [UW-Eau Claire Recreation's](#) cancellation policy, no refunds will be given. However, t-shirt pick up will be offered at Hilltop Recreation Center until March 27.



👍🙄😡 20

12 Comments 2 Shares  ▾



University of Wisconsin-Eau Claire



Mar 13 · 🌐

Effective after today, all campus-based, in-person classes at [#uwec](#) will be suspended through March 20. Spring break will then be extended an extra week and classes will resume entirely online starting April 6, through April 17.

Info >> uwec.ly/COVID-19

March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
NO IN-PERSON CLASSES						
SPRING BREAK						
NO IN-PERSON CLASSES						

April 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO IN-PERSON CLASSES						
ALL CLASSES ONLINE						
ALL CLASSES ONLINE						
19	20	21	22	23	24	25
26	27	28	29	30		

180

50 Comments 182 Shares





University of Wisconsin-Eau Claire



Mar 13 · 🌐

Please refer to the information below for an update on the cancellation of the upcoming Viennese Ball.



UW-Eau Claire Viennese Ball



Mar 13 · 🌐

UPDATE: Please read the below news release regarding the Viennese Ball.

... See More



UWEC.EDU

2020 Viennese Ball Cancelled

After thoughtful consideration and in coordinatio...

🙄👍 69

11 Comments 13 Shares





University of Wisconsin-Eau Claire



Mar 14 · 🌐

During the coming weeks of UW-Eau Claire's extended spring break and virtual course delivery laid out in Thursday's announcement from Chancellor Schmidt, a number of upcoming campus events have been canceled. [#uwec](#)



UWEC.EDU

Campus event cancellations related to COVID-19

Many events have been canceled at UW-Eau Claire,...

👍🥲🙄 34

5 Comments 3 Shares  ▾

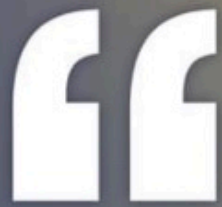


University of Wisconsin-Eau Claire



Mar 16 · 🌐

Stay optimistic, Blugolds. [#uwec](#)
[#momentummonday](#)



**OPTIMISM is the faith
that leads to
ACHIEVEMENT.**

– HELEN KELLER

[#momentummonday](#) | [#uwec](#)

42

5 Shares



University of Wisconsin-Eau Claire



Mar 16 · 🌐

Blugolds, don't forget that MyTV10 streaming service is free and available from wherever you are. Simply just go to mytv10.uwec.edu to access tons of media. Right now is a great time to utilize this resource.

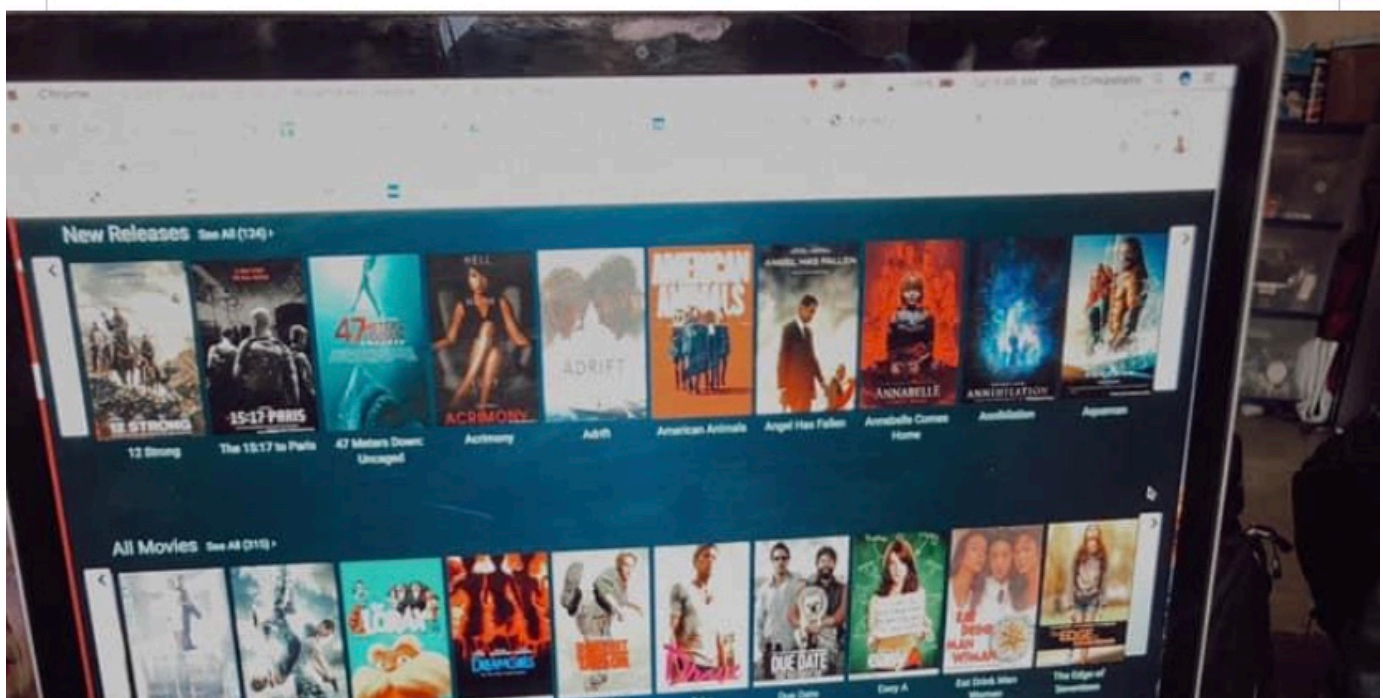


TV10, UW-Eau Claire



Mar 14 · 🌐

Whether you're sitting in an airport traveling back from studying abroad, or staying in the dorms avoiding large crowds, or going home for the next few weeks... mytv10 is accessible from **WHEREVER** you are with hundreds of movies. Take this time to relax, rest, and take care of yourselves. 🧡



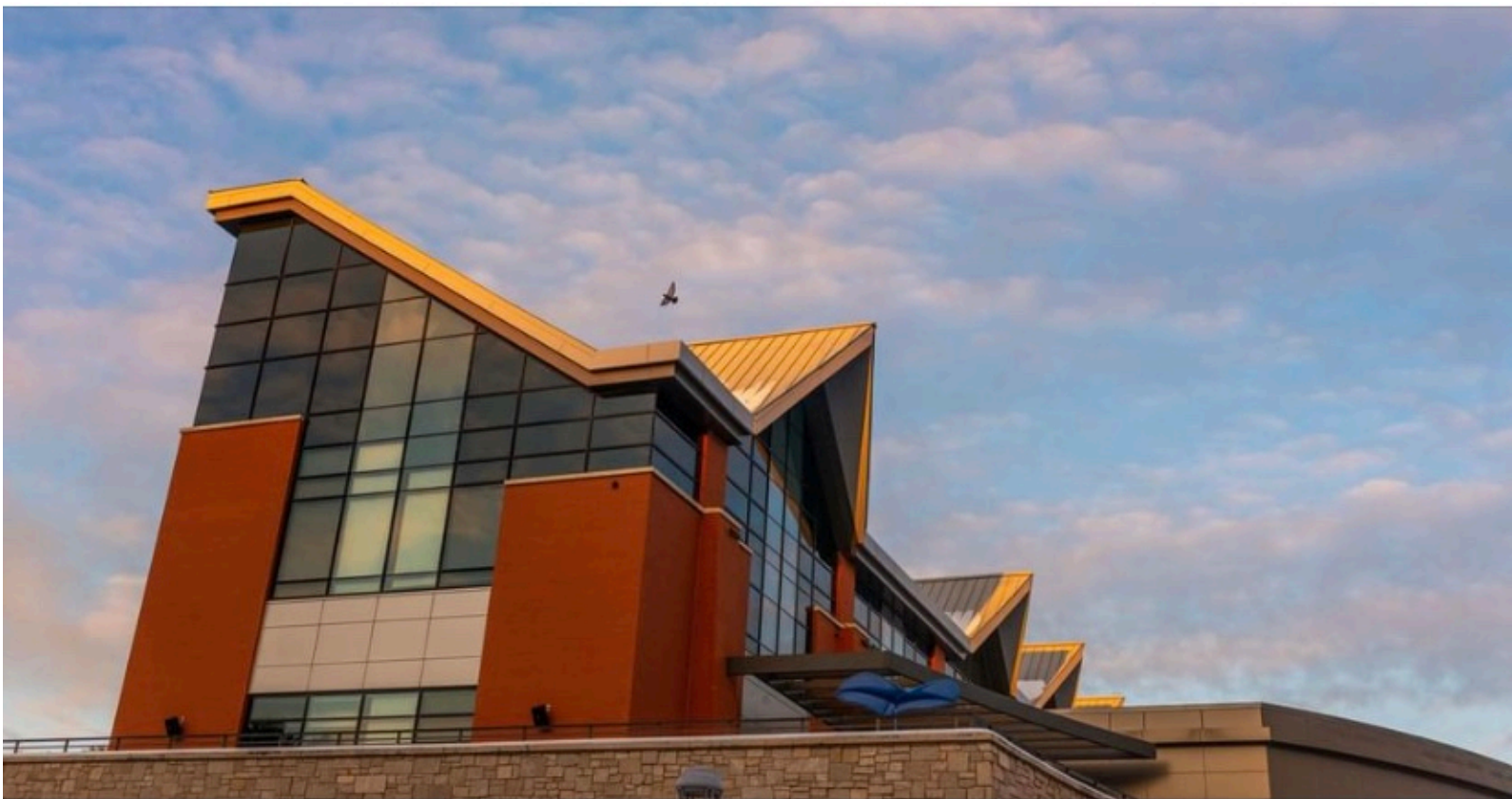


University of Wisconsin-Eau Claire



Mar 16 · 🌐

We'll be providing [#mostbeautifulcampus](#) photos on a regular basis so that everyone can enjoy the spring beauty virtually. Stay optimistic, Blugolds. We'll see you soon 💙💛 [#uwec](#)



👍❤️ 172

2 Comments 7 Shares



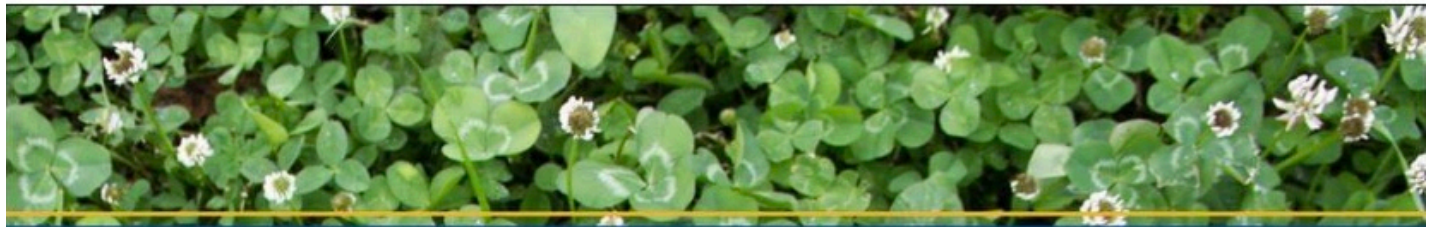


University of Wisconsin-Eau Claire



Mar 17 · 🌐

We know St. Patrick's Day looks a little different this year, but we couldn't help but having some fun with it. Enjoy our Blugold Limerick 🍀 🍀 #uwec



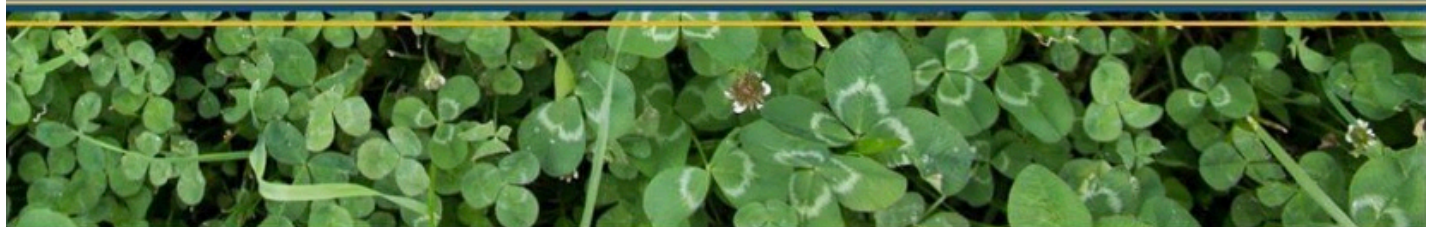
A Blugold Limerick



Students who wear blue and gold
Are the cream of the crop, so we're told
And when they have fun
They can't be outdone
They're the best and bold, mighty blugolds!



Happy St. Patrick's Day, Blugolds!



👍 117

4 Comments 9 Shares  ▼



University of Wisconsin-Eau Claire



Mar 18 · 🌐


UPDATE: All [UW-Eau Claire Recreation](#) facilities will be closed until at least April 5. Please visit the Recreation and Sport Operations website and Facebook for updates. [#uwec](#)



UW-Eau Claire Recreation



Mar 17 · 🌐

Effective Wednesday, March 18th, all Recreation facilities will be closed. See below for more details  We would like to thank you all again for your patience and understanding during these unprecedented times. [#UWECrec](#)



RECREATION AND
SPORT FACILITIES

EFFECTIVE

WEDNESDAY, MARCH 18

All Recreation Facilities will be

CLOSED

This includes




Mar 18 · 🌐

Wondering what to do with all of your down time, Blugolds? Check out some of these helpful tips. They will motivate you to establish a new routine and reflect on what's important. Stay well 💙💛

#uwec

University of Wisconsin Eau Claire

Read a book that isn't a textbook!



Take a break from the school books! There's mental stimulation in reading. You can improve your focus and concentration while also relieving stress!

University of Wisconsin Eau Claire

Stay in touch with your friends!



Cook or eat a meal virtually together. Take advantage of Netflix's Google Chrome extension (Netflix Party) and binge watch your normal shows with your pals. Help keep each other up lifted, even if you can't be right next to each other!

University of Wisconsin Eau Claire

What brings you joy?



Identify even the smallest things. Maybe it's the cup of coffee you make at 8:30 every morning. Maybe it's playing a game with your roommates. Whatever those moments are, be even more present in them!

University of Wisconsin Eau Claire

Take a virtual tour of a museum



A lot of public spaces are closed, but some museums are offering virtual tours of their sites!

University of Wisconsin Eau Claire



Mar 18 ·

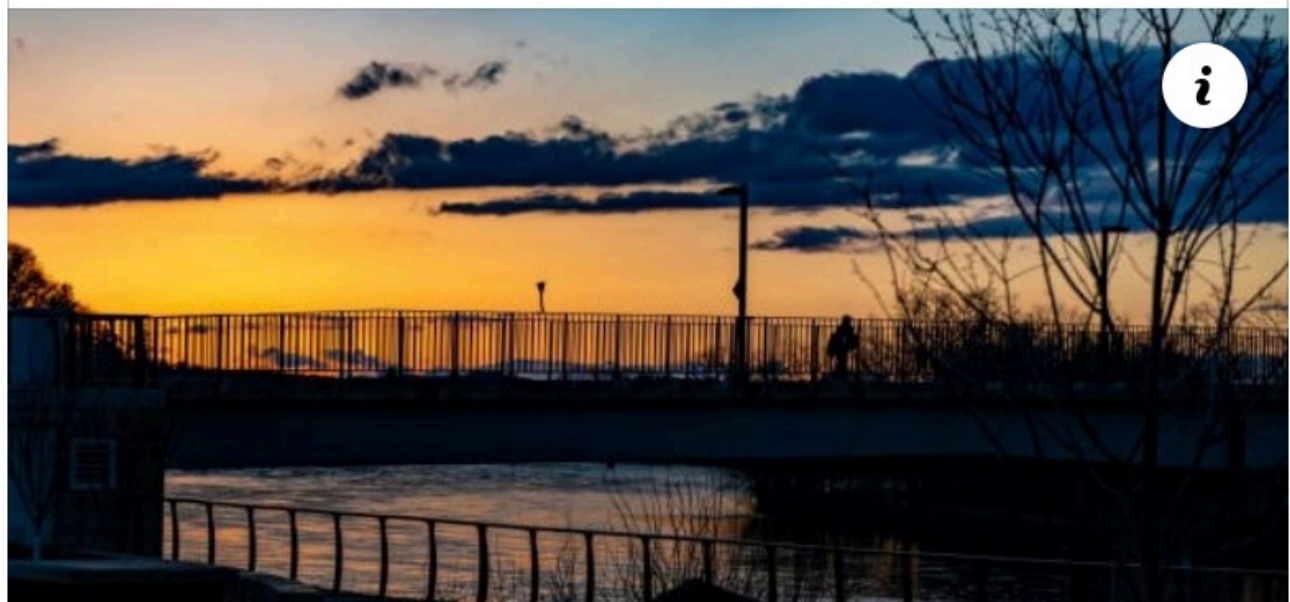


UW-Eau Claire Alumni

Mar 18 ·

The Coronavirus outbreak presents a challenge unlike anything UW-Eau Claire has faced before. The COVID-19 Emergency Relief Fund provides support to students and programs that have been impacted by the COVID-19 crisis. From plane tickets home from a foreign country to providing support for student employees who are unable to work due to disruptions caused by the virus, your gift of any amount will make a difference for Blugolds in need.

Visit impact.uwec.edu/COVID-19 to learn more or to make a gift.



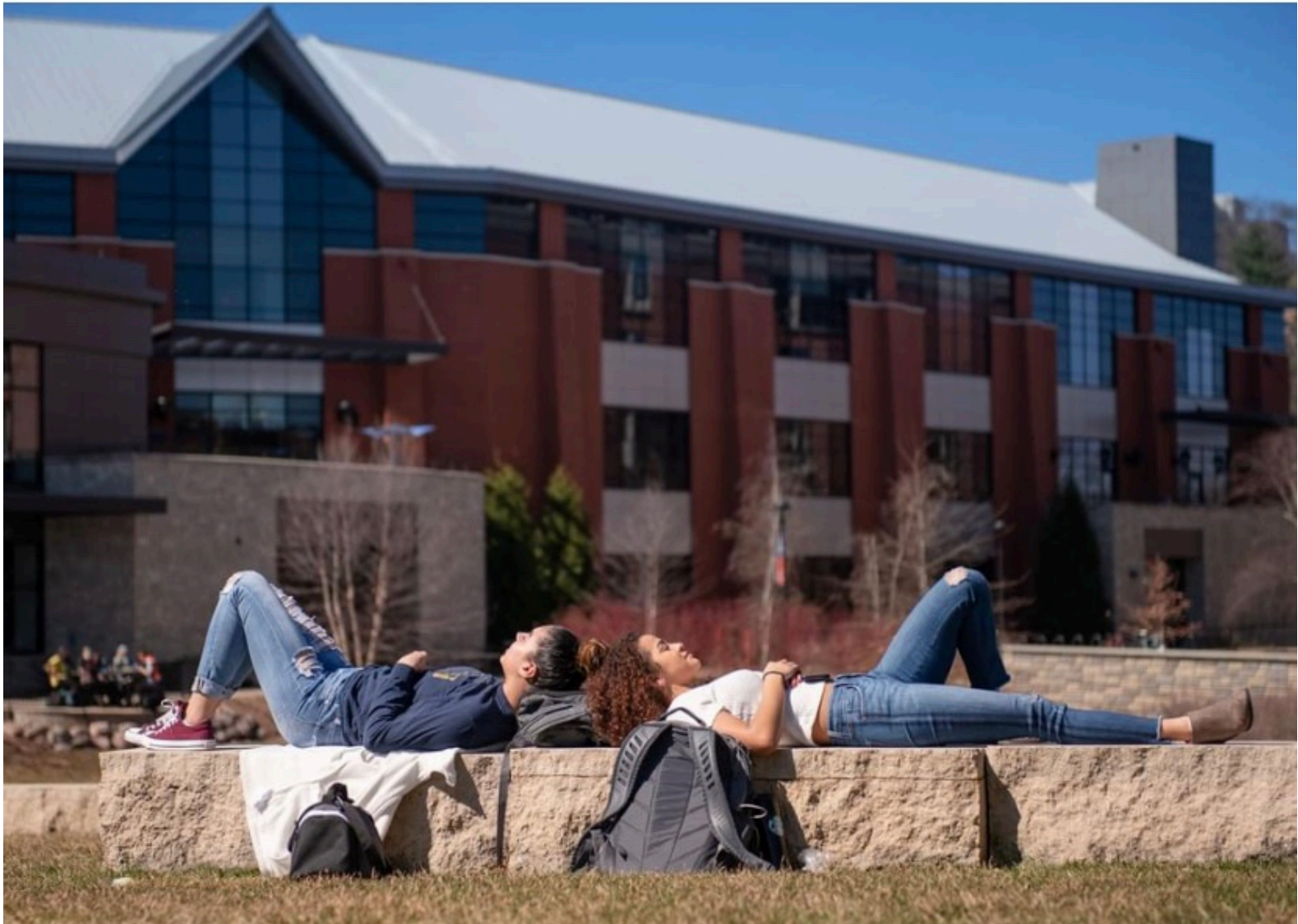


University of Wisconsin-Eau Claire



Mar 19 · 🌐

It's the first day of spring and we know you're wishing this photo was a reality. But during this time, you can remain hopeful. Reach out to your friends and spread positivity. This semester is different, but we will come back strong. Remember, Blugolds fly together. [#uwec](#)



121

5 Shares



University of Wisconsin-Eau Claire



Mar 20 · 🌐

UPDATE: Earlier today, Chancellor James Schmidt announced that all classes will be taught online for the remainder of the semester. Please see additional information regarding the closing of residence halls and the postponement of commencement below. Stay strong, Blugolds.

[#uwec](#)



UWEC.EDU

UW-Eau Claire to complete spring semester online

Chancellor Schmidt announces all classes will be ta...

329

33 Comments 409 Shares



University of Wisconsin-Eau Claire



Mar 23 · 🌐

Right now, we're all going through a big change. Just remember this, Blugolds — we'll come out of this stronger than ever. [#uwec](#)
[#momentummonday](#)

“

**We delight in the beauty
of the butterfly, but rarely
admit the changes
it has gone through
to achieve that beauty.**

– MAYA ANGELOU

[#momentummonday](#) | [#uwec](#)





University of Wisconsin-Eau Claire



Mar 24 · 🌐

Blugolds, if you will be in the residence halls this Saturday through Monday, be sure to fill out the dining survey below to receive meals.



Blugold Dining



Mar 23 · 🌐

Howdy Blugolds! Make sure to fill out the next dining survey if you will be in the dorms Saturday-Monday! 😊 Here's the link:

https://uweauclaire.qualtrics.com/jfe/form/SV_80okoFVJgZ2yBql



UWEAUCLAIRE.QUALTRICS.COM

Online Survey Software | Qualtrics Survey Solutions



6

2 Comments 2 Shares





University of Wisconsin-Eau Claire



Mar 24 · 🌐

Yesterday, our Blugolds sent us tons of dog photos in honor of [#NationalPuppyDay](#). We thought we'd pass some puppy love to our friends on Facebook today. Stay smiling, Blugolds. [#uwec](#)



49

3 Shares ▼



University of Wisconsin-Eau Claire



Mar 24 · 🌐

Just a quick reminder on how we can [#StoptheSpreadEC](#).

Wash your hands 🖐️ Cover sneezes and coughs
🧑🏻‍🦺 Socially distance yourself 🚶 Stay home 🏠 And
check on others 📞

Thanks for the tips, [Eau Claire City-County Health Department!](#)

KEEP CALM
and
STOP THE SPREAD

Protect against COVID-19

Protect against COVID-19

Wash your hands for 20 seconds

Cover your sneeze and cough

Socially distance and keep gatherings small

Stay home, especially if you are sick

Check on well-being of others

Let's work together to stop the spread

LEARN MORE:

coronavirus.echealthdepartment.org

👍 45

5 Shares

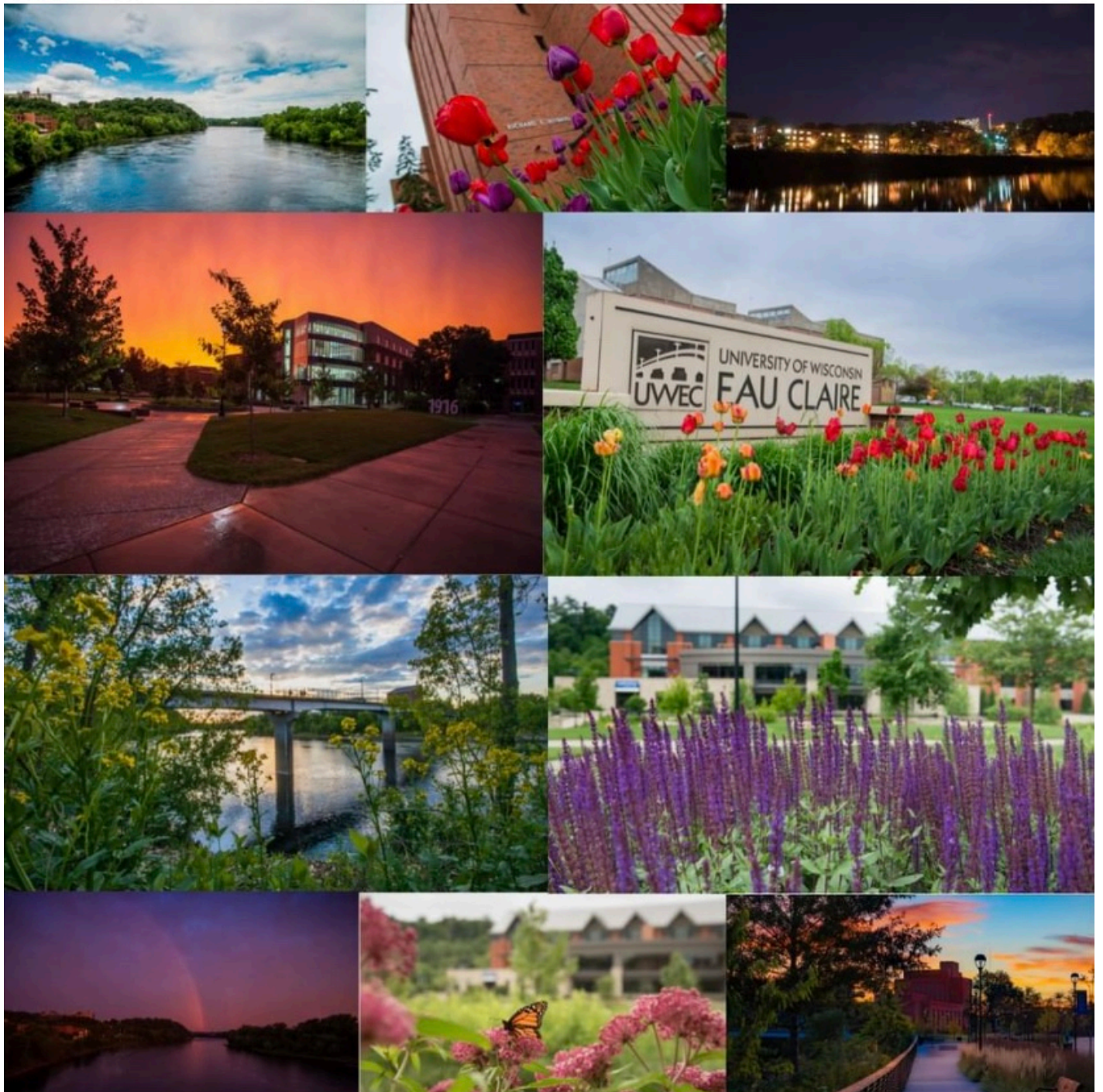


University of Wisconsin-Eau Claire



Mar 25 · 🌐

We rounded up all of our favorite [#mostbeautifulcampus](#) vibes for you on this dreary day! Which one is your fave?? Tell us in the comments 📌 [#uwec](#) [#uwecspring](#)



👍❤️ 152

20 Comments 20 Shares





University of Wisconsin-Eau Claire



Mar 25 · 🌐

Take a look at what you should stop doing and what you should be cautious about, Blugolds. Let's come together and [#StoptheSpreadEC](#) ⚠️



Eau Claire City-County Health Department

Mar 25 · 🌐

Social distancing is all about keeping each other safe and stopping the spread of COVID-19. It may mean finding new ways to have fun and stay connected, but it's all in the name of good health for everyone. Learn more by reviewing Governor Evers order here: <https://evers.wi.gov/Documents/COVID19/EMO12-SaferAtHome.pdf> [#StopTheSpreadEC](#)



Coronavirus Disease (COVID-19)

Social Distancing ← 6-feet →



STOP

- Group gatherings
- Play dates
- Non-essential travel

other safe and stopping the spread of COVID-19. It may mean finding new ways to have fun and stay connected, but it's all in the name of good health for everyone. Learn more by reviewing Governor Evers order here: <https://evers.wi.gov/Documents/COVID19/EMO12-SaferAtHome.pdf> #StopTheSpreadEC



Coronavirus Disease (COVID-19)

Social Distancing ← **6-feet** →



STOP

- Group gatherings
- Play dates
- Non-essential travel

Caution

- Grocery stores
- Take-out meals
- Pick-up medications

Safe

- Go outside
- Call family and friends
- Work from home

For up-to-date information, visit: coronavirus.echealthdepartment.org

March 25, 2020

80

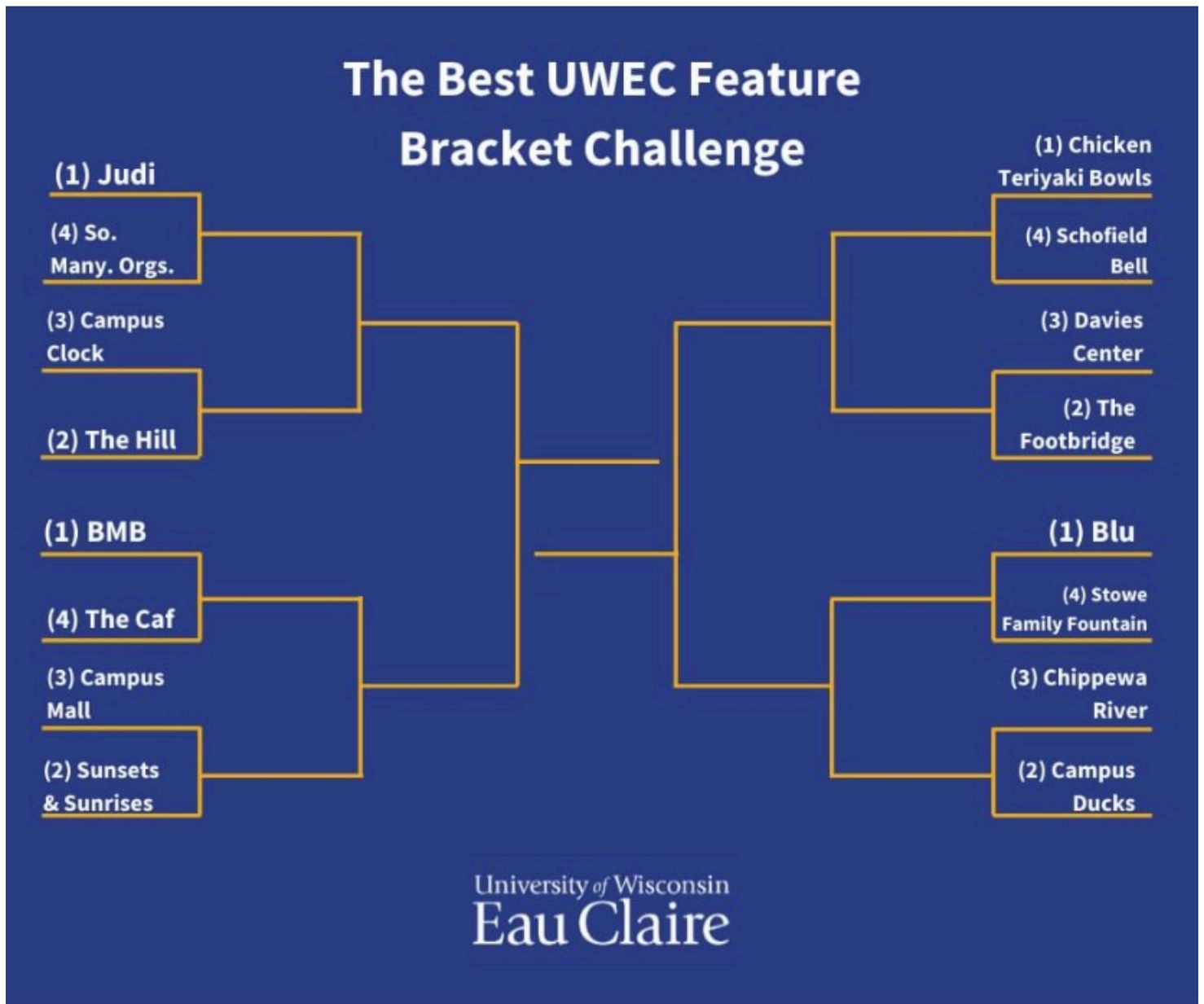
2 Comments 18 Shares





Mar 26 · 🌐

We're sad we weren't able to fill out a bracket for March Madness this year. That's why we're bringing you our own bracket challenge! Head on over to the [#uwec](#) Instagram Story to cast your vote in each round 🏆 Who do you think will win it all?





University of Wisconsin-Eau Claire



Mar 26 · 🌐

Blugolds, this is an important message regarding the [#2020Census](#). Whether you live on or off campus, it's important that you are counted and also counted in the place where you normally live during the academic year. Learn all the steps you must take to be counted below. [#uwec](#)



UWEC.EDU

Being counted in the 2020 census: What students need to know

24

1 Comment 5 Shares ▼



University of Wisconsin-Eau Claire




Mar 27 · 🌐

Blugolds, make sure that your vote counts in this year's elections. Wisconsin has extended the deadline for online registration until March 30.

#uwec

It's easy! Check it out >> <https://bit.ly/2yICmpE>



Ensure your participation in this year's elections by registering to vote **online.**

Wisconsin has extended the deadline for online registration until **March 30.**

Act now! It's easy!



University of Wisconsin-Eau Claire



Mar 27 · 🌐

Keep helping us [#StopTheSpreadEC](#)!! Stay strong out there, Blugolds.



Eau Claire City-County Health Department

Mar 26 · 🌐

Not sure what the 'Safer at Home' order means for your family? It means stay home as much as possible. Read on to find out more! For additional information please view the 'Safer at Home' order: <https://evers.wi.gov/Documents/COVID19/EMO12-SaferAtHome.pdf>
[#StopTheSpreadEC](#)



Eau Claire City-County
Health Department

'Safer At Home' Order Basics

✓ Do

- Stay at home
- Only leave for essential tasks
- Keep a distance of 6 feet from others
- Call your doctor/hospital if you are sick
- Frequently wash your hands
- Drive or walk to public or state parks
- Exercise outside with your family
- Call/video chat with extended family and friends
- Check out digital and online resources from your public library

⊘ Don't

- Have play-dates for your kids
- Leave your house for non-essential tasks
- Leave your house if you are sick or waiting for test results
- Visit extended family, friends, or co-workers in person
- Use playground equipment
- Play team or contact sports
- Hoard food or other supplies



University of Wisconsin-Eau Claire



Mar 27 · 🌐

We've made it through another week! Stay safe and healthy this weekend, everyone. Know that we'll be enjoying these sunsets together soon.

[#uwec](#)



  163

1 Comment 5 Shares  ▼

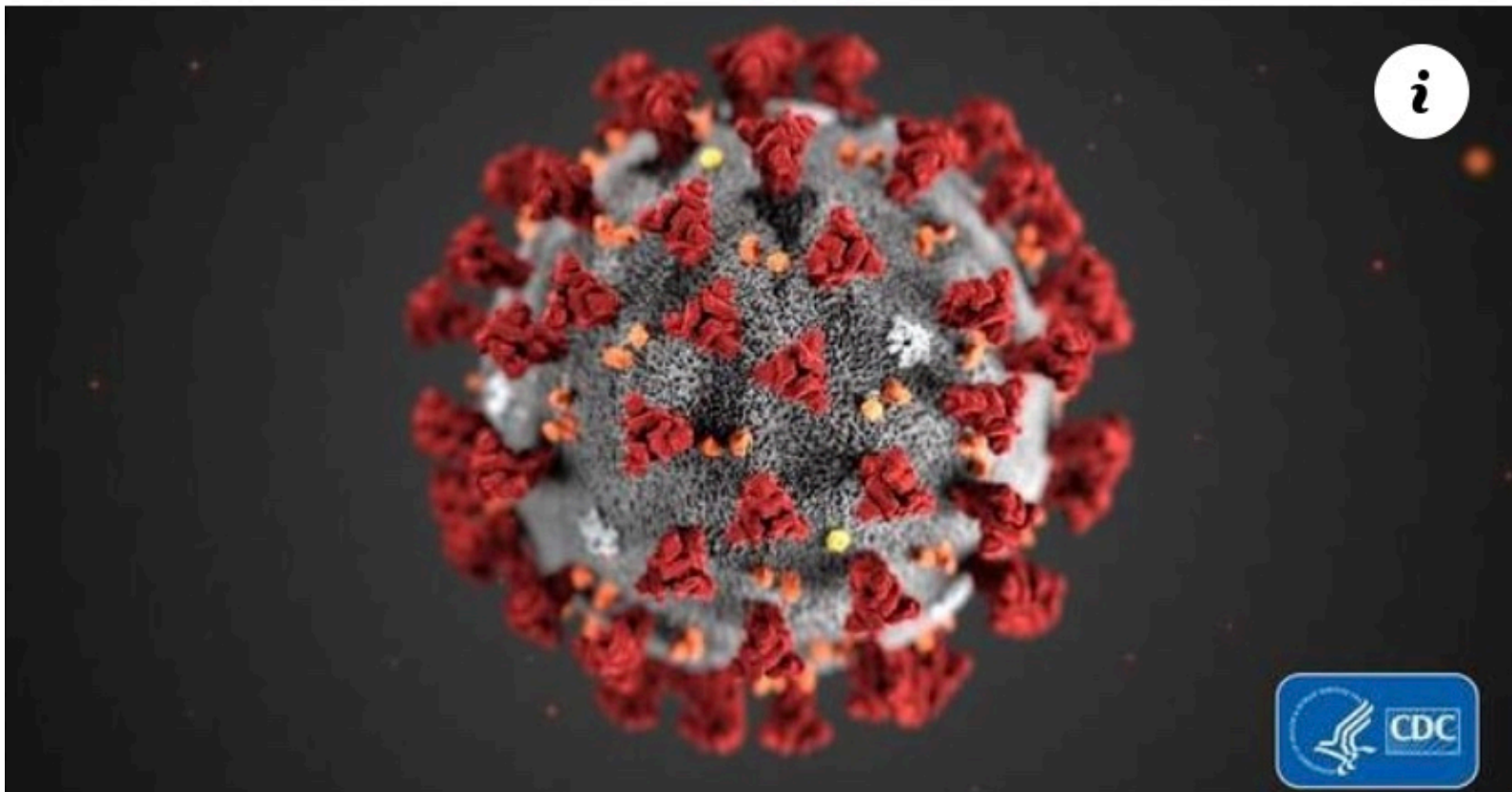


University of Wisconsin-Eau Claire



Mar 28 · 🌐

When times get tough, Blugolds pitch in. One such Blugold is Steve Kriesel, a [#uwec](#) graduate who runs a Twin Cities textile company. Kriesel and his employees are switching gears to produce high quality CDC-compliant masks to keep people safe.



UWEC.EDU

UW-Eau Claire grad working to produce masks for health care workers, others

210

1 Comment 16 Shares



University of Wisconsin-Eau Claire



Mar 28 · 🌐

Just a heads up that all [McIntyre Library](#) items due between March 9 - May 31, 2020 are now due on June 2, 2020. This includes books and DVDs, and equipment like laptops. Overdue fines on items during this time period have been erased. Items due prior to March 9 will still show as overdue and can be renewed online through June 1.



MCINTYRE LIBRARY UPDATE

LIBRARY ITEM DUE DATES EXTENDED

All library items due between March 9 - May 31, 2020 have had their due dates changed to June 2, 2020



20

4 Comments 6 Shares



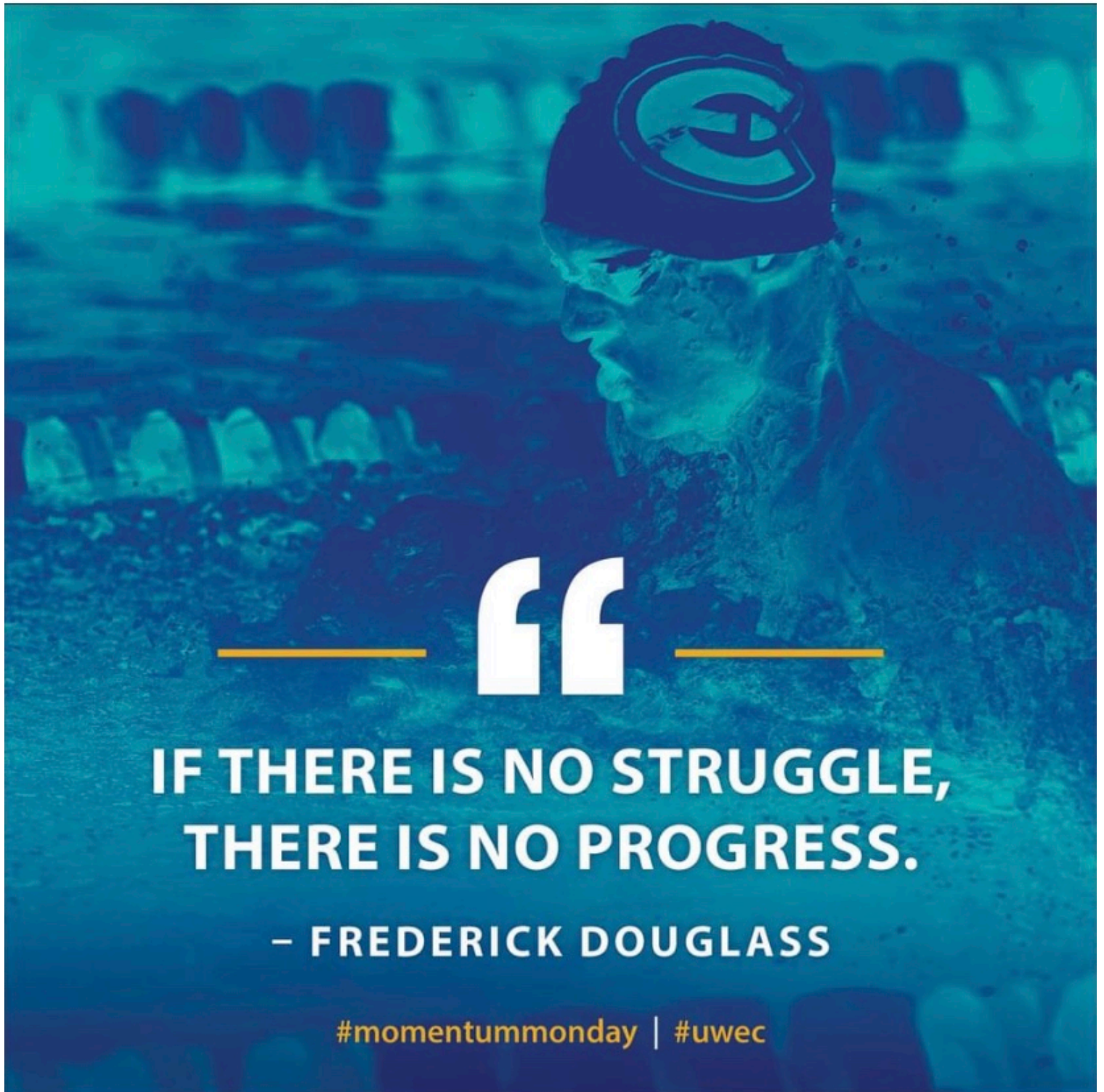


University of Wisconsin-Eau Claire



Mar 30 · 🌐

Keep your head up even during times of struggle.
[#uwec](#) [#momentummonday](#)



44

1 Comment 8 Shares ▼



University of Wisconsin-Eau Claire



Mar 30 · 🌐

Slow down and remember that your mental health IS important. Take moments throughout the day to breathe, enjoy some coffee, read a couple pages from a book, or step outside.



Eau Claire City-County Health Department

Mar 30 · 🌐

Mental health is just as important as physical health. Be mindful of your mental health needs.

For tips and resources go to:

coronavirus.echealthdepartment.org

[#StopTheSpreadEC](https://twitter.com/StopTheSpreadEC)





University of Wisconsin-Eau Claire



Mar 30 · 🌐

When UW-Eau Claire's Geography and Anthropology department learned that students wouldn't return to campus this spring, they found themselves building community via short and meaningful video features. [#uwec](#)



UWEC.EDU

Faculty, students find creative way to build community while away from campus



Nic Jean Schultz and 20 others

5 Shares



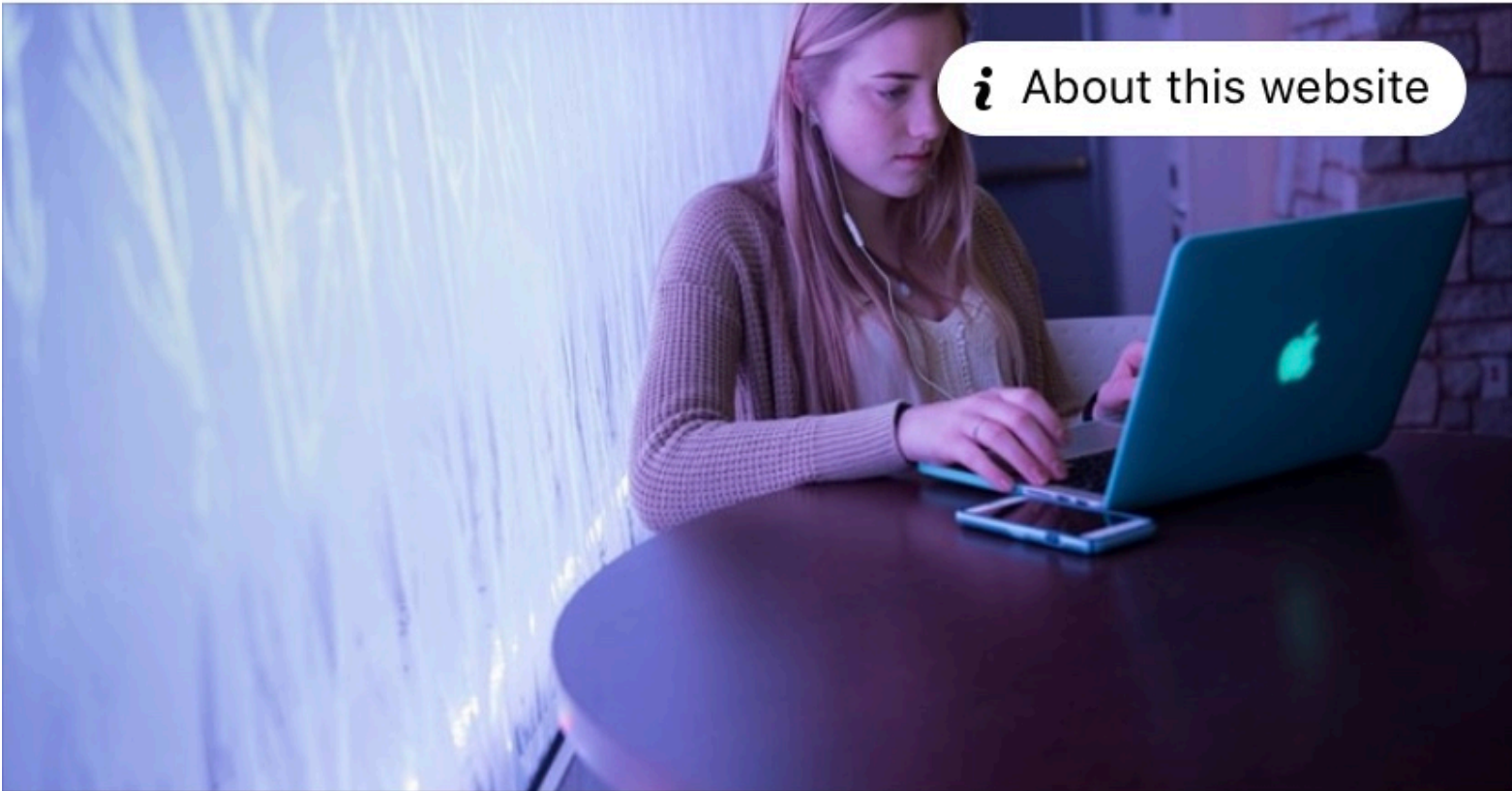


University of Wisconsin-Eau Claire



Mar 31 · 🌐

Want to kick back, relax, and watch a movie with all your free time, Blugolds? We know you've probably watched a lot of TV by now, but we're here to suggest some of our top picks to give your movie night a refresh. Check it out 🍿 🎥 #uwec #TV10



MEDIUM.COM

MyTV10 Flicks to Watch During Quarantine

MyTV10 has movies from every genre available to y...

👍 11

5 Shares



University of Wisconsin-Eau Claire



Mar 31 · 🌐

For any students on campus, please note that the Campus Harvest Food Pantry is still open on Tuesdays and Wednesdays from 2-5 p.m. 🍌 🍞 🍲
[#uwec](#)

UPDATE:

Campus Harvest Food Pantry

- OPEN from 2-5PM on Tuesdays and Wednesdays
- Use the main entrance to Brewer Hall facing Hibbard

27

6 Comments 17 Shares ▾



University of Wisconsin-Eau Claire



Mar 31 · 🌐

Dr. Elizabeth Glogowski, an associate professor of materials science and engineering, has been honored as a [University of Wisconsin System 2020 Regent Scholar](#). Check out her work as the leader of innovative faculty-student collaborative research at [#uwec](#).



UWEC.EDU

Elizabeth Glogowski honored for innovation through research with students

77

1 Comment 11 Shares ▼